



# SLOVENSKÁ PLAVECKÁ FEDERÁCIA

a

Mestský plavecký klub Dolný Kubín

## Jarné majstrovstvá stredoslovenskej oblasti - dlhé trate

**Miesto:** Dolný Kubín

**Bazén:** 25m / 6 dráh, obrátky hladké

**Dátum:** 17.02.2018

**Teplota vody:** 27 °C

**Teplota vzduchu:** 28 °C

**Meranie časov:** ručné meranie prerušovanými stopkami

**Hlavný rozhodca:** Ján Rabada, III.

**speedo**<sup>®</sup>



Názov preteku  
 Konané v  
 Dátum  
 Bazén: x-m/y-dráh

**Jarné M SSO - Dlhé trate**  
 Dolný Kubín  
**17.2.2018**  
 25m/6dráh  
**ROZHODCOVSKÝ ZBOR**

Riaditeľ súťaže  
 Organizátor  
 Technický usporiadateľ  
 Hlavný rozhodca  
 Štartér  
 Hlavný časomerač  
 Hlavný cieľový rozhodca  
 Cieľový rozhodca

Plavecký spôsob

Pomocný štartér  
 Časomerači

Náhradný časomerač  
 Hlavný obrátkový  
 Obrátkoví rozhodcovia

Športový administrátor  
 Rozhodca ŠTK  
 Obsluha EČZ  
 Hlásateľ  
 Ozvučenie  
 Lekár  
 Zástupca SPF  
 Fotograf  
 Technická čata

	<b>Priezvisko a meno</b>	<b>R trieda</b>	<b>Podpis</b>
	Štajer Ján	II.	
	Slovenská plavecká federácia		
	MPK Dolný Kubín		
	Rabada Ján	III.	
	Záborský Ján	III.	
	Zvada Peter	III.	
	Kaliská Zuzana	I.	
L:			
P:			
L:	Rabada Ján	III.	
P:	Záborský Ján	III.	
	Mandák Marián	II.	
D1:	Strnad Martin	I.	
D2:	Foltínová Erika	I.	
D3:	Pavlíková Edita	I.	
D4:	Komorová Romana	II.	
D5:	Strnadová Martina	I.	
D6:	Brišková Viktoria	I.	
	Haviarová Romana	I.	
	Kaliský Igor	II.	
D1:	Kaliský Igor	II.	
D2:	Macek Ján	I.	
D3:	Ftáčnik Samuel	I.	
D4:	Homoky Erik	I.	
D5:	Tavačová Barbora	I.	
D6:	Fleischerová Júlia	I.	
	Mikulová Katarína	III.	
	Zvada Peter	III.	
	Mišicová Zuzana	III.	
	Piecková Zacharová Adriana		
	Mjartanová Jana		
	Katreniaková Zuzana		
	Záhradníková Romana		

kód klubu	názov	kód klubu (dlhý)	región	štát
DELLM	Mestský plavecký klub Delfín L. Mikuláš		SSO	SVK
FLIBR	ŠK FLIPPER Brezno		SSO	SVK
MPKDK	Mestský plavecký klub Dolný Kubín		SSO	SVK
MPKPD	Mestský plavecký klub Prievidza		SSO	SVK
NERZI	Klub plaveckých športov Nereus Žilina		SSO	SVK
PKMA	Plavecký klub Martin		SSO	SVK
PORU	Plavecký oddiel Ružomberok		SSO	SVK
TTDK	Triatlon team Dolný Kubín		SSO	SVK
ZABCA	Plavecký klub Žabka adca		SSO	SVK

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

1 - 17. február 2018

17.02.2018 - 9:00

disciplína 1 muži, 400m vo ný spôsob 11 ro . a st.  
17.02.2018 - 9:00 Výsledky

bodovanie: FINA 2017

por.	Ro .		as		body	
11 ro .						
1.	Maták Alex	07	PK Žabka adca	<b>6:01.87</b>	201	
	50m: 40.51 40.51	150m: 2:12.16 45.92	250m: 3:45.93 47.14	350m: 5:15.92 44.32		
	100m: 1:26.24 45.73	200m: 2:58.79 46.63	300m: 4:31.60 45.67	400m: 6:01.87 45.95		
2.	Mikoláš Patrik	07	PKMA	<b>6:03.47</b>	199	
	50m: 39.57 39.57	150m: 2:12.53 46.14	250m: 3:45.41 46.37	350m: 5:19.87 46.89		
	100m: 1:26.39 46.82	200m: 2:59.04 46.51	300m: 4:32.98 47.57	400m: 6:03.47 43.60		
3.	Vraniak Oliver	07	FLIPPER Brezno	<b>6:31.96</b>	158	
	50m: 42.99 42.99	150m: 2:24.31 51.39	250m: 4:06.17 51.39	350m: 5:46.67 49.50		
	100m: 1:32.92 49.93	200m: 3:14.78 50.47	300m: 4:57.17 51.00	400m: 6:31.96 45.29		
4.	Hancko Dominik	07	Po Ružomberok	<b>6:32.00</b>	158	
	50m: 42.97 42.97	150m: 2:24.32 51.41	250m: 4:07.15 52.35	350m: 5:46.64 49.49		
	100m: 1:32.91 49.94	200m: 3:14.80 50.48	300m: 4:57.15 50.00	400m: 6:32.00 45.36		
5.	Cigánik Marián	07	Nereus Žilina	<b>7:01.90</b>	127	
	50m: 45.11 45.11	150m: 2:31.40 54.40	250m: 4:20.65 54.83	350m: 6:11.90 55.87		
	100m: 1:37.00 51.89	200m: 3:25.82 54.42	300m: 5:16.03 55.38	400m: 7:01.90 50.00		
6.	Kor ok Jozef	07	Nereus Žilina	<b>7:40.55</b>	97	
	50m: 46.13 46.13	150m: 2:41.03 58.52	250m: 4:42.45 1:01.42	350m: 6:43.75 1:00.44		
	100m: 1:42.51 56.38	200m: 3:41.03 1:00.00	300m: 5:43.31 1:00.86	400m: 7:40.55 56.80		
7.	Kme Andrej	07	Po Ružomberok	<b>8:04.41</b>	84	
	50m: 49.97 49.97	150m: 2:54.62 1:02.71	250m: 5:00.59 1:04.04	350m: 7:10.72 1:05.42		
	100m: 1:51.91 1:01.94	200m: 3:56.55 1:01.93	300m: 6:05.30 1:04.71	400m: 8:04.41 53.69		
8.	Gomola Samuel	07	PKMA	<b>8:06.30</b>	83	
	50m: 52.99 52.99	250m: 5:07.35 1:03.68	400m: 8:06.30 1:56.24			
	200m: 4:03.67 3:10.68	300m: 6:10.06 1:02.71				
9.	Balvín Joseph	07	Nereus Žilina	<b>8:33.36</b>	70	
	50m: 57.64 57.64	150m: 3:10.75 1:08.47	250m: 5:24.23 1:06.23	350m: 7:32.64 1:05.36		
	100m: 2:02.28 1:04.64	200m: 4:18.00 1:07.25	300m: 6:27.28 1:03.05	400m: 8:33.36 1:00.72		
12 ro .						
1.	Pú ek Richard	06	PKMA	<b>5:04.22</b>	339	
	50m: 32.84 32.84	150m: 1:48.52 38.81	250m: 3:07.38 38.98	350m: 4:27.18 39.81		
	100m: 1:09.71 36.87	200m: 2:28.40 39.88	300m: 3:47.37 39.99	400m: 5:04.22 37.04		
2.	Reich Richard	06	PKMA	<b>5:20.63</b>	290	
	50m: 34.98 34.98	150m: 1:55.09 40.96	250m: 3:17.34 40.93	350m: 4:39.81 41.37		
	100m: 1:14.13 39.15	200m: 2:36.41 41.32	300m: 3:58.44 41.10	400m: 5:20.63 40.82		
3.	Petráš Samuel	06	MPKPD	<b>5:26.59</b>	274	
	50m: 36.31 36.31	150m: 1:59.17 42.46	250m: 3:23.31 42.53	350m: 4:46.71 41.37		
	100m: 1:16.71 40.40	200m: 2:40.78 41.61	300m: 4:05.34 42.03	400m: 5:26.59 39.88		
4.	Ku era Adam	06	Nereus Žilina	<b>5:42.18</b>	238	
	50m: 34.82 34.82	150m: 2:01.61 45.33	250m: 3:32.36 45.83	350m: 5:02.32 44.29		
	100m: 1:16.28 41.46	200m: 2:46.53 44.92	300m: 4:18.03 45.67	400m: 5:42.18 39.86		
5.	Porvazník Jakub	06	TT Dolný Kubín	<b>5:46.61</b>	229	
	50m: 38.53 38.53	150m: 2:08.87 45.59	250m: 3:39.09 44.88	350m: 5:08.12 43.82		
	100m: 1:23.28 44.75	200m: 2:54.21 45.34	300m: 4:24.30 45.21	400m: 5:46.61 38.49		
6.	Horeháj Jakub	06	Nereus Žilina	<b>7:08.56</b>	121	
	50m: 46.72 46.72	250m: 4:33.47 59.00	350m: 6:29.22 57.15			
	200m: 3:34.47 2:47.75	300m: 5:32.07 58.60	400m: 7:08.56 39.34			

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 1, žiaci, 400m vo ný spôsob, 12 ro .

por.			Ro .					as	body
7.	Adamove Jakub		06	PK Žabka adca				<b>7:20.78</b>	111
	50m:	46.23 46.23	150m:	2:36.55 57.17	250m:	4:33.20 1:00.45	350m:	6:29.16 57.98	
	100m:	1:39.38 53.15	200m:	3:32.75 56.20	300m:	5:31.18 57.98	400m:	7:20.78 51.62	
8.	Fondati Bruno		06	Nereus Žilina				<b>7:22.16</b>	110
	50m:	46.83 46.83	150m:	2:37.16 56.25	250m:	4:33.31 58.87	350m:	6:28.02 57.46	
	100m:	1:40.91 54.08	200m:	3:34.44 57.28	300m:	5:30.56 57.25	400m:	7:22.16 54.14	
9.	Šuška Matej		06	Nereus Žilina				<b>7:45.23</b>	94
	50m:	45.44 45.44	150m:	2:41.16 1:00.20	250m:	4:43.42 1:01.57	350m:	6:48.65 1:02.86	
	100m:	1:40.96 55.52	200m:	3:41.85 1:00.69	300m:	5:45.79 1:02.37	400m:	7:45.23 56.58	

13 ro .

1.	Ochaba Dalibor		05	Po Ružomberok				<b>5:32.45</b>	260
	50m:	35.82 35.82	150m:	1:58.79 42.79	250m:	3:24.56 43.35	350m:	4:50.66 43.29	
	100m:	1:16.00 40.18	200m:	2:41.21 42.42	300m:	4:07.37 42.81	400m:	5:32.45 41.79	
2.	Miškuf Martin Eduard		05	PKMA				<b>5:34.09</b>	256
	50m:	35.67 35.67	150m:	1:57.49 42.33	250m:	3:24.04 43.54	350m:	4:51.84 44.04	
	100m:	1:15.16 39.49	200m:	2:40.50 43.01	300m:	4:07.80 43.76	400m:	5:34.09 42.25	
3.	Mikoláš Rastislav		05	PKMA				<b>5:51.08</b>	220
	50m:	37.62 37.62	150m:	2:05.45 44.48	250m:	3:36.50 45.76	350m:	5:08.74 45.43	
	100m:	1:20.97 43.35	200m:	2:50.74 45.29	300m:	4:23.31 46.81	400m:	5:51.08 42.34	
4.	ernák uboš		05	Nereus Žilina				<b>6:59.96</b>	129
	50m:	43.59 43.59	150m:	2:28.09 52.85	250m:	4:17.21 54.79	350m:	6:08.78 55.82	
	100m:	1:35.24 51.65	200m:	3:22.42 54.33	300m:	5:12.96 55.75	400m:	6:59.96 51.18	
5.	Kyselica Šimon		05	Nereus Žilina				<b>7:11.29</b>	119
	50m:	44.76 44.76	150m:	2:33.57 55.48	250m:	4:26.62 57.19	350m:	6:20.06 55.53	
	100m:	1:38.09 53.33	200m:	3:29.43 55.86	300m:	5:24.53 57.91	400m:	7:11.29 51.23	

14 ro .

1.	Lizák Filip		04	MPKDK				<b>4:55.80</b>	369
	50m:	32.03 32.03	150m:	1:44.34 36.75	250m:	3:00.42 38.28	350m:	4:18.07 38.90	
	100m:	1:07.59 35.56	200m:	2:22.14 37.80	300m:	3:39.17 38.75	400m:	4:55.80 37.73	
2.	Antol Adam		04	Po Ružomberok				<b>4:55.81</b>	369
	50m:	30.56 30.56	150m:	1:42.04 36.40	250m:	2:59.18 39.18	350m:	4:18.18 39.50	
	100m:	1:05.64 35.08	200m:	2:20.00 37.96	300m:	3:38.68 39.50	400m:	4:55.81 37.63	
3.	Pú ek Šimon		04	PKMA				<b>4:56.83</b>	365
	50m:	33.39 33.39	150m:	1:46.95 37.52	250m:	3:03.35 38.50	350m:	4:18.99 37.40	
	100m:	1:09.43 36.04	200m:	2:24.85 37.90	300m:	3:41.59 38.24	400m:	4:56.83 37.84	
4.	Viluda Jakub		04	PKMA				<b>5:38.59</b>	246
	50m:	35.57 35.57	150m:	1:59.81 44.57	250m:	3:29.46 45.32	350m:	4:59.49 45.00	
	100m:	1:15.24 39.67	200m:	2:44.14 44.33	300m:	4:14.49 45.03	400m:	5:38.59 39.10	

15 - 16 ro .

1.	Porubec Urban		02	Nereus Žilina				<b>4:36.90</b>	450
	50m:	30.93 30.93	150m:	1:40.86 35.61	250m:	2:53.50 36.67	350m:	4:03.28 33.35	
	100m:	1:05.25 34.32	200m:	2:16.83 35.97	300m:	3:29.93 36.43	400m:	4:36.90 33.62	
2.	Beluš Adrián		02	Po Ružomberok				<b>4:44.00</b>	417
	50m:	31.96 31.96	150m:	1:43.17 36.28	250m:	2:56.22 36.36	350m:	4:09.46 36.57	
	100m:	1:06.89 34.93	200m:	2:19.86 36.69	300m:	3:32.89 36.67	400m:	4:44.00 34.54	
3.	Zliechovec Dávid		02	Po Ružomberok				<b>4:49.74</b>	393
	50m:	31.42 31.42	150m:	1:42.92 36.39	250m:	2:56.92 36.89	350m:	4:12.07 37.65	
	100m:	1:06.53 35.11	200m:	2:20.03 37.11	300m:	3:34.42 37.50	400m:	4:49.74 37.67	

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 1, žiaci, 400m vo ný spôsob, 15 - 16 ro .

por.			Ro .			as	body			
4.	Ftorek Roman		03	Nereus Žilina		<b>4:50.47</b>	390			
	50m:	32.26	32.26	150m:	1:43.94	36.75	250m: 2:59.30	38.00	350m: 4:14.59	37.87
	100m:	1:07.19	34.93	200m:	2:21.30	37.36	300m: 3:36.72	37.42	400m: 4:50.47	35.88
5.	Tiš an Tibor		03	Po Ružomberok		<b>4:53.31</b>	378			
	50m:	31.99	31.99	150m:	1:44.89	37.32	250m: 3:00.28	37.82	350m: 4:15.96	38.00
	100m:	1:07.57	35.58	200m:	2:22.46	37.57	300m: 3:37.96	37.68	400m: 4:53.31	37.35
6.	Ferjanc Radoslav		03	Po Ružomberok		<b>5:06.05</b>	333			
	50m:	32.94	32.94	150m:	1:47.44	38.85	250m: 3:06.79	39.67	350m: 4:27.94	40.85
	100m:	1:08.59	35.65	200m:	2:27.12	39.68	300m: 3:47.09	40.30	400m: 5:06.05	38.11
7.	Mesároš Matej		03	MPKDK		<b>5:26.07</b>	275			
	50m:	35.48	35.48	150m:	1:59.43	42.49	250m: 3:23.24	42.16	350m: 4:46.84	42.18
	100m:	1:16.94	41.46	200m:	2:41.08	41.65	300m: 4:04.66	41.42	400m: 5:26.07	39.23

17 - 18 ro .

1.	Hrabovský Adam		00	PKMA		<b>4:30.70</b>	482			
	50m:	31.48	31.48	150m:	1:39.53	34.40	250m: 2:47.78	34.37	350m: 3:57.23	34.89
	100m:	1:05.13	33.65	200m:	2:13.41	33.88	300m: 3:22.34	34.56	400m: 4:30.70	33.47
2.	Michlík Daniel		00	Nereus Žilina		<b>4:36.35</b>	453			
	50m:	29.85	29.85	150m:	1:38.70	35.25	250m: 2:50.49	36.00	350m: 4:02.77	36.64
	100m:	1:03.45	33.60	200m:	2:14.49	35.79	300m: 3:26.13	35.64	400m: 4:36.35	33.58
3.	Súkeník Jozef		00	Nereus Žilina		<b>4:52.22</b>	383			
	50m:	30.74	30.74	150m:	1:41.22	36.18	250m: 2:57.10	38.32	350m: 4:14.78	39.08
	100m:	1:05.04	34.30	200m:	2:18.78	37.56	300m: 3:35.70	38.60	400m: 4:52.22	37.44

19 ro . a st.

1.	ernek Adam		99	PKMA		<b>4:08.29</b>	624			
	50m:	28.89	28.89	150m:	1:30.13	30.80	250m: 2:33.24	31.64	350m: 3:37.29	31.86
	100m:	59.33	30.44	200m:	2:01.60	31.47	300m: 3:05.43	32.19	400m: 4:08.29	31.00
2.	Gordík Jakub		98	Nereus Žilina		<b>4:13.11</b>	589			
	50m:	28.36	28.36	150m:	1:30.58	31.50	250m: 2:34.97	32.39	350m: 3:40.58	32.83
	100m:	59.08	30.72	200m:	2:02.58	32.00	300m: 3:07.75	32.78	400m: 4:13.11	32.53
3.	Tomkuliak Martin		90	TT Dolný Kubín		<b>5:17.06</b>	299			
	50m:	32.00	32.00	150m:	1:47.61	39.05	250m: 3:10.46	41.93	350m: 4:36.06	42.92
	100m:	1:08.56	36.56	200m:	2:28.53	40.92	300m: 3:53.14	42.68	400m: 5:17.06	41.00

disciplína 2  
17.02.2018 - 9:40

ženy, 400m vo ný spôsob

10 ro . a st.  
Výsledky

bodovanie: FINA 2017

por.			Ro .			as	body			
10 ro .										
1.	Novotná Natália		08	PKMA		<b>6:18.92</b>	237			
	50m:	41.83	41.83	150m:	2:18.76	48.81	250m: 3:54.82	47.40	350m: 5:31.64	48.05
	100m:	1:29.95	48.12	200m:	3:07.42	48.66	300m: 4:43.59	48.77	400m: 6:18.92	47.28
2.	Macková Dorota		08	Po Ružomberok		<b>6:20.07</b>	234			
	50m:	40.64	40.64	150m:	2:17.93	49.55	250m: 3:56.34	49.54	350m: 5:35.34	49.17
	100m:	1:28.38	47.74	200m:	3:06.80	48.87	300m: 4:46.17	49.83	400m: 6:20.07	44.73
3.	Peknušová Sophia		08	Nereus Žilina		<b>6:25.64</b>	224			
	50m:	40.23	40.23	150m:	2:19.61	50.71	250m: 3:57.63	49.88	350m: 5:39.47	50.63
	100m:	1:28.90	48.67	200m:	3:07.75	48.14	300m: 4:48.84	51.21	400m: 6:25.64	46.17
4.	Urbanová Linda		08	MPKDK		<b>6:46.12</b>	192			
	50m:	44.53	44.53	150m:	2:29.63	53.09	250m: 4:12.61	51.18	350m: 5:56.44	52.04
	100m:	1:36.54	52.01	200m:	3:21.43	51.80	300m: 5:04.40	51.79	400m: 6:46.12	49.68

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 2, žia ky, 400m vo ný spôsob, 10 ro .

por.			Ro .			as			body
5.	Spišáková Lucia		08	PKMA		<b>7:09.41</b>			162
	50m:	48.19 48.19	150m:	2:34.41 53.47	250m:	4:23.48 55.32	350m:	6:15.76 56.20	
	100m:	1:40.94 52.75	200m:	3:28.16 53.75	300m:	5:19.56 56.08	400m:	7:09.41 53.65	
6.	Penjaková Sofia		08	Po Ružomberok		<b>7:17.82</b>			153
	50m:	44.86 44.86	150m:	2:35.25 56.89	250m:	4:30.90 58.72	350m:	6:25.65 56.68	
	100m:	1:38.36 53.50	200m:	3:32.18 56.93	300m:	5:28.97 58.07	400m:	7:17.82 52.17	
7.	Kupková Karolína		08	Nereus Žilina		<b>7:35.75</b>			136
	50m:	50.79 50.79	150m:	2:47.61 57.89	250m:	4:46.47 59.47	350m:	6:42.00 58.32	
	100m:	1:49.72 58.93	200m:	3:47.00 59.39	300m:	5:43.68 57.21	400m:	7:35.75 53.75	
8.	asnochová Jitka		08	Nereus Žilina		<b>7:58.81</b>			117
	50m:	50.49 50.49	150m:	2:52.34 1:02.75	250m:	4:51.84 59.50	400m:	7:58.81 54.61	
	100m:	1:49.59 59.10	200m:	3:52.34 1:00.00	350m:	7:04.20 2:12.36			

11 ro .

1.	Piecková Laura		07	MPKDK		<b>5:44.11</b>			316
	50m:	39.48 39.48	150m:	2:06.90 44.19	250m:	3:34.36 43.46	350m:	5:02.57 44.03	
	100m:	1:22.71 43.23	200m:	2:50.90 44.00	300m:	4:18.54 44.18	400m:	5:44.11 41.54	
2.	Mikulášová Eva		07	TT Dolný Kubín		<b>5:58.21</b>			280
	50m:	37.73 37.73	150m:	2:07.18 45.88	250m:	3:40.62 46.88	350m:	5:14.41 46.83	
	100m:	1:21.30 43.57	200m:	2:53.74 46.56	300m:	4:27.58 46.96	400m:	5:58.21 43.80	
3.	Kudla ová Petra		07	PKMA		<b>6:25.76</b>			224
	50m:	40.93 40.93	150m:	2:19.52 49.77	250m:	3:59.87 50.90	350m:	5:39.75 49.69	
	100m:	1:29.75 48.82	200m:	3:08.97 49.45	300m:	4:50.06 50.19	400m:	6:25.76 46.01	
4.	Michalidesová Alexandra		07	PKMA		<b>6:33.79</b>			211
	50m:	41.47 41.47	150m:	2:19.97 50.25	250m:	4:03.72 52.14	350m:	5:46.72 51.22	
	100m:	1:29.72 48.25	200m:	3:11.58 51.61	300m:	4:55.50 51.78	400m:	6:33.79 47.07	
5.	Kolibková Lorraine Amie		07	MPKPD		<b>6:36.91</b>			206
	50m:	41.53 41.53	150m:	2:21.41 51.03	250m:	4:05.66 52.13	350m:	5:49.66 52.03	
	100m:	1:30.38 48.85	200m:	3:13.53 52.12	300m:	4:57.63 51.97	400m:	6:36.91 47.25	
6.	Košárková Barbora		07	PKMA		<b>6:53.66</b>			182
	50m:	43.93 43.93	150m:	2:28.87 52.21	250m:	4:15.69 54.39	350m:	6:01.08 52.60	
	100m:	1:36.66 52.73	200m:	3:21.30 52.43	300m:	5:08.48 52.79	400m:	6:53.66 52.58	
DSQ	Štilcová Ema		07	PKMA					
	<i>SW 4.4 - Štart pred štartovným povelom.</i>								

12 ro .

1.	Mareková Dominika		06	Nereus Žilina		<b>5:59.00</b>			278
	50m:	39.40 39.40	150m:	2:10.22 46.03	250m:	3:43.79 46.82	350m:	5:16.47 46.68	
	100m:	1:24.19 44.79	200m:	2:56.97 46.75	300m:	4:29.79 46.00	400m:	5:59.00 42.53	
2.	Nováková Jasmína		06	Po Ružomberok		<b>6:13.92</b>			246
	50m:	40.05 40.05	150m:	2:14.30 48.17	250m:	3:53.02 50.14	350m:	5:31.03 48.27	
	100m:	1:26.13 46.08	200m:	3:02.88 48.58	300m:	4:42.76 49.74	400m:	6:13.92 42.89	
3.	Konštiaková Sophie		06	TT Dolný Kubín		<b>6:16.97</b>			240
	50m:	38.90 38.90	150m:	2:10.44 47.22	250m:	3:49.08 49.68	350m:	5:30.44 51.00	
	100m:	1:23.22 44.32	200m:	2:59.40 48.96	300m:	4:39.44 50.36	400m:	6:16.97 46.53	
4.	Pavlišinová Miriam		06	PK Žabka adca		<b>6:55.28</b>			180
	50m:	41.25 41.25	150m:	2:26.25 54.32	250m:	4:15.50 54.39	400m:	6:55.28 1:44.56	
	100m:	1:31.93 50.68	200m:	3:21.11 54.86	300m:	5:10.72 55.22			
5.	Cimráková Alica		06	Nereus Žilina		<b>7:14.22</b>			157
	50m:	41.19 41.19	150m:	2:32.16 56.61	250m:	4:27.26 58.82	350m:	6:22.59 58.65	
	100m:	1:35.55 54.36	200m:	3:28.44 56.28	300m:	5:23.94 56.68	400m:	7:14.22 51.63	

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 2, žia ky, 400m vo ný spôsob, 12 ro .

por.				Ro .					as	body		
6.	Kamenská Sofia			06	PKMA				<b>7:16.33</b>	155		
	50m:	46.04	46.04	150m:	2:32.91	54.92	250m:	4:25.14	55.81	350m:	6:18.41	55.99
	100m:	1:37.99	51.95	200m:	3:29.33	56.42	300m:	5:22.42	57.28	400m:	7:16.33	57.92
7.	Sko dopolová Terézia			06	Nereus Žilina				<b>7:20.86</b>	150		
	50m:	45.21	45.21	150m:	2:34.06	55.10	250m:	4:28.89	58.36	350m:	6:24.03	58.25
	100m:	1:38.96	53.75	200m:	3:30.53	56.47	300m:	5:25.78	56.89	400m:	7:20.86	56.83
8.	Tar áková So a			06	MPKDK				<b>7:25.09</b>	146		
	50m:	43.92	43.92	150m:	2:46.69	58.24	250m:	4:39.18	54.13	350m:	6:32.91	57.94
	100m:	1:48.45	1:04.53	200m:	3:45.05	58.36	300m:	5:34.97	55.79	400m:	7:25.09	52.18
9.	Urbanová Viktória			06	Po Ružomberok				<b>7:29.57</b>	141		
	50m:	45.81	45.81	150m:	2:40.42	59.33	250m:	4:36.96	59.62	350m:	6:37.03	59.86
	100m:	1:41.09	55.28	200m:	3:37.34	56.92	300m:	5:37.17	1:00.21	400m:	7:29.57	52.54
10.	Gomolová Ema			06	PKMA				<b>7:34.37</b>	137		
	50m:	48.77	48.77	150m:	2:43.87	58.35	250m:	4:41.43	59.48	350m:	6:40.62	59.75
	100m:	1:45.52	56.75	200m:	3:41.95	58.08	300m:	5:40.87	59.44	400m:	7:34.37	53.75
11.	Š erbáková Sofia			06	Nereus Žilina				<b>7:44.61</b>	128		
	50m:	48.99	48.99	150m:	2:43.42	58.36	250m:	4:43.49	1:00.58	350m:	6:48.57	1:02.33
	100m:	1:45.06	56.07	200m:	3:42.91	59.49	300m:	5:46.24	1:02.75	400m:	7:44.61	56.04
12.	Šu ová Elenka			06	MPKPD				<b>7:45.00</b>	128		
	50m:	46.10	46.10	150m:	2:44.20	1:00.75	250m:	4:47.95	1:01.08	350m:	6:49.07	1:00.93
	100m:	1:43.45	57.35	200m:	3:46.87	1:02.67	300m:	5:48.14	1:00.19	400m:	7:45.00	55.93
13.	Voštinárová Sofia			06	Nereus Žilina				<b>7:48.51</b>	125		
	50m:	48.61	48.61	150m:	2:48.47	59.96	250m:	4:48.37	1:00.99	350m:	6:49.36	1:00.68
	100m:	1:48.51	59.90	200m:	3:47.38	58.91	300m:	5:48.68	1:00.31	400m:	7:48.51	59.15
14.	Smr iaková Eva			06	PKMA				<b>8:28.69</b>	97		
	50m:	45.40	45.40	150m:	3:02.10	1:10.35	250m:	5:15.46	1:05.54	350m:	7:27.43	1:04.55
	100m:	1:51.75	1:06.35	200m:	4:09.92	1:07.82	300m:	6:22.88	1:07.42	400m:	8:28.69	1:01.26

13 ro .

1.	Blašková Alexandra			05	Po Ružomberok				<b>5:42.22</b>	321		
	50m:	37.25	37.25	150m:	2:02.90	43.35	250m:	3:31.69	44.79	350m:	5:01.19	44.79
	100m:	1:19.55	42.30	200m:	2:46.90	44.00	300m:	4:16.40	44.71	400m:	5:42.22	41.03
2.	Mecková Timea			05	FLIPPER Brezno				<b>5:52.14</b>	295		
	50m:	39.01	39.01	150m:	2:07.57	44.80	250m:	3:38.07	45.24	350m:	5:08.38	45.03
	100m:	1:22.77	43.76	200m:	2:52.83	45.26	300m:	4:23.35	45.28	400m:	5:52.14	43.76
3.	Botošová Nina			05	FLIPPER Brezno				<b>6:01.40</b>	273		
	50m:	39.77	39.77	150m:	2:07.53	44.82	250m:	3:39.53	45.82	350m:	5:16.21	48.49
	100m:	1:22.71	42.94	200m:	2:53.71	46.18	300m:	4:27.72	48.19	400m:	6:01.40	45.19
4.	arnecká Stella			05	Nereus Žilina				<b>6:15.25</b>	244		
	50m:	39.66	39.66	150m:	2:13.14	48.09	250m:	3:49.79	49.40	350m:	5:27.87	48.94
	100m:	1:25.05	45.39	200m:	3:00.39	47.25	300m:	4:38.93	49.14	400m:	6:15.25	47.38
5.	Krištofová Lucia			05	Nereus Žilina				<b>6:36.49</b>	206		
	50m:	41.08	41.08	150m:	2:20.97	50.91	250m:	4:04.89	51.46	350m:	5:49.38	51.29
	100m:	1:30.06	48.98	200m:	3:13.43	52.46	300m:	4:58.09	53.20	400m:	6:36.49	47.11
6.	Schererová Emma			05	PKMA				<b>7:19.42</b>	152		
	50m:	44.57	44.57	150m:	2:35.42	55.89	250m:	4:29.84	52.67	350m:	6:23.84	54.13
	100m:	1:39.53	54.96	200m:	3:37.17	1:01.75	300m:	5:29.71	59.87	400m:	7:19.42	55.58



Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 2, ženy, 400m vo ný spôsob

14 - 15 ro .

1.	Hodo ová Nina		04	TT Dolný Kubín		<b>4:37.08</b>	606	
	50m: 31.64	31.64	150m: 1:39.60	34.53	250m: 2:49.68	35.49	350m: 4:01.50	36.21
	100m: 1:05.07	33.43	200m: 2:14.19	34.59	300m: 3:25.29	35.61	400m: 4:37.08	35.58
2.	Majdová Šárka		04	TT Dolný Kubín		<b>4:50.84</b>	524	
	50m: 33.52	33.52	150m: 1:45.34	35.89	250m: 2:59.74	37.18	350m: 4:14.37	37.24
	100m: 1:09.45	35.93	200m: 2:22.56	37.22	300m: 3:37.13	37.39	400m: 4:50.84	36.47
3.	Klinerová Zuzana		04	PKMA		<b>4:57.28</b>	490	
	50m: 32.81	32.81	150m: 1:46.75	37.61	250m: 3:03.11	38.61	350m: 4:20.04	35.26
	100m: 1:09.14	36.33	200m: 2:24.50	37.75	300m: 3:44.78	41.67	400m: 4:57.28	37.24
4.	Mišíková Alexandra		03	PKMA		<b>5:04.88</b>	455	
	50m: 33.73	33.73	150m: 1:47.31	37.36	250m: 3:04.73	39.42	350m: 4:26.13	40.93
	100m: 1:09.95	36.22	200m: 2:25.31	38.00	300m: 3:45.20	40.47	400m: 5:04.88	38.75
5.	Šefranková Sára		03	Po Ružomberok		<b>5:08.49</b>	439	
	50m: 33.19	33.19	150m: 1:48.23	38.55	250m: 3:08.37	40.49	350m: 4:30.79	41.60
	100m: 1:09.68	36.49	200m: 2:27.88	39.65	300m: 3:49.19	40.82	400m: 5:08.49	37.70
6.	Krivdová Kristína		04	TT Dolný Kubín		<b>5:12.80</b>	421	
	50m: 35.10	35.10	150m: 1:51.72	39.33	250m: 3:11.53	40.56	350m: 4:32.99	40.62
	100m: 1:12.39	37.29	200m: 2:30.97	39.25	300m: 3:52.37	40.84	400m: 5:12.80	39.81
7.	Machajová Tatiana		04	TT Dolný Kubín		<b>5:14.85</b>	413	
	50m: 33.10	33.10	150m: 1:53.46	40.19	250m: 3:14.60	41.29	350m: 4:35.82	42.82
	100m: 1:13.27	40.17	200m: 2:33.31	39.85	300m: 3:53.00	38.40	400m: 5:14.85	39.03
8.	Su áková Lucia		03	MPKDK		<b>5:18.53</b>	399	
	50m: 36.63	36.63	150m: 1:56.16	40.32	250m: 3:17.56	40.68	350m: 4:39.06	40.35
	100m: 1:15.84	39.21	200m: 2:36.88	40.72	300m: 3:58.71	41.15	400m: 5:18.53	39.47
9.	Foltínová Kristína		04	MPKDK		<b>5:31.31</b>	354	
	50m: 36.87	36.87	150m: 1:59.79	42.15	250m: 3:24.76	42.89	350m: 4:50.39	47.89
	100m: 1:17.64	40.77	200m: 2:41.87	42.08	300m: 4:02.50	37.74	400m: 5:31.31	40.92
10.	Slívková Veronika		04	FLIPPER Brezno		<b>5:32.07</b>	352	
	50m: 35.85	35.85	150m: 1:58.73	42.37	250m: 3:24.74	43.58	350m: 4:40.11	44.43
	100m: 1:16.36	40.51	200m: 2:41.16	42.43	300m: 3:55.68	30.94	400m: 5:32.07	51.96
11.	Ilková Natália		04	Po Ružomberok		<b>5:34.20</b>	345	
	50m: 37.60	37.60	150m: 2:00.67	42.29	250m: 3:26.49	42.90	350m: 4:53.03	42.99
	100m: 1:18.38	40.78	200m: 2:43.59	42.92	300m: 4:10.04	43.55	400m: 5:34.20	41.17
12.	Jan árová Margaréta		03	PKMA		<b>5:34.46</b>	344	
	50m: 37.09	37.09	150m: 2:00.65	42.29	250m: 3:26.65	42.84	350m: 4:53.02	43.30
	100m: 1:18.36	41.27	200m: 2:43.81	43.16	300m: 4:09.72	43.07	400m: 5:34.46	41.44
13.	Katreniaková Zuzana		04	MPKDK		<b>5:35.76</b>	340	
	50m: 37.77	37.77	150m: 2:01.46	42.62	250m: 3:26.30	42.60	350m: 4:53.34	44.07
	100m: 1:18.84	41.07	200m: 2:43.70	42.24	300m: 4:09.27	42.97	400m: 5:35.76	42.42
14.	Vraniaková Vanessa		03	FLIPPER Brezno		<b>5:38.89</b>	331	
	50m: 36.93	36.93	150m: 2:00.36	42.33	250m: 3:25.50	42.44	350m: 4:54.06	45.06
	100m: 1:18.03	41.10	200m: 2:43.06	42.70	300m: 4:09.00	43.50	400m: 5:38.89	44.83
15.	Dulíková Klára		04	MPKDK		<b>5:42.34</b>	321	
	50m: 38.31	38.31	150m: 2:01.71	42.64	250m: 3:29.46	44.29	350m: 4:59.28	45.07
	100m: 1:19.07	40.76	200m: 2:45.17	43.46	300m: 4:14.21	44.75	400m: 5:42.34	43.06
16.	Marjaková Nikola		04	PK Žabka adca		<b>6:16.16</b>	242	
	50m: 37.79	37.79	150m: 2:11.22	48.81	250m: 3:49.69	49.75	350m: 5:28.62	49.57
	100m: 1:22.41	44.62	200m: 2:59.94	48.72	300m: 4:39.05	49.36	400m: 6:16.16	47.54

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 2, ženy, 400m vo ný spôsob

16 - 17 ro .

1.	Ftá iková Veronika	02	Nereus Žilina	<b>5:01.14</b>	472
	50m: 34.28 34.28	150m: 1:48.49 37.60	250m: 3:04.53 38.50	350m: 4:22.56 39.25	
	100m: 1:10.89 36.61	200m: 2:26.03 37.54	300m: 3:43.31 38.78	400m: 5:01.14 38.58	
2.	Bošková Lívia	02	Nereus Žilina	<b>5:30.46</b>	357
	50m: 35.86 35.86	150m: 1:57.28 41.47	250m: 3:21.28 42.35	350m: 4:48.06 43.56	
	100m: 1:15.81 39.95	200m: 2:38.93 41.65	300m: 4:04.50 43.22	400m: 5:30.46 42.40	
3.	Mjartanová Katarína	02	MPKDK	<b>5:39.45</b>	329
	50m: 37.03 37.03	150m: 2:00.60 42.75	250m: 3:27.95 43.78	350m: 4:56.16 43.81	
	100m: 1:17.85 40.82	200m: 2:44.17 43.57	300m: 4:12.35 44.40	400m: 5:39.45 43.29	
4.	Lokajová Janka	01	Nereus Žilina	<b>5:49.46</b>	302
	50m: 37.34 37.34	150m: 2:02.64 43.68	250m: 3:33.03 45.54	350m: 5:04.96 46.18	
	100m: 1:18.96 41.62	200m: 2:47.49 44.85	300m: 4:18.78 45.75	400m: 5:49.46 44.50	

18 ro . a st.

1.	Balogová Nina	00	Nereus Žilina	<b>5:00.93</b>	473
	50m: 33.53 33.53	150m: 1:46.78 37.39	250m: 3:02.50 38.14	350m: 4:21.31 39.67	
	100m: 1:09.39 35.86	200m: 2:24.36 37.58	300m: 3:41.64 39.14	400m: 5:00.93 39.62	

disciplína 3  
17.02.2018 - 10:31

muži, 800m vo ný spôsob

11 ro . a st.  
Výsledky

bodovanie: FINA 2017

por.	Ro .	as	body		
11 ro .					
1.	Mikoláš Patrik	07	PKMA	<b>12:18.20</b>	216
	50m: 40.06 40.06	250m: 3:45.75 47.10	450m: 6:55.12 46.94	650m: 10:01.92 46.39	
	100m: 1:25.32 45.26	300m: 4:33.26 47.51	500m: 7:41.26 46.14	700m: 10:48.31 46.39	
	150m: 2:11.15 45.83	350m: 5:20.83 47.57	550m: 8:28.48 47.22	750m: 11:35.73 47.42	
	200m: 2:58.65 47.50	400m: 6:08.18 47.35	600m: 9:15.53 47.05	800m: 12:18.20 42.47	
2.	Maták Alex	07	PK Žabka adca	<b>12:33.88</b>	203
	50m: 42.30 42.30	250m: 3:53.93 48.58	450m: 7:05.41 47.91	650m: 10:15.48 47.27	
	100m: 1:29.76 47.46	300m: 4:41.34 47.41	500m: 7:52.67 47.26	700m: 11:02.98 47.50	
	150m: 2:17.62 47.86	350m: 5:29.38 48.04	550m: 8:40.15 47.48	750m: 11:48.80 45.82	
	200m: 3:05.35 47.73	400m: 6:17.50 48.12	600m: 9:28.21 48.06	800m: 12:33.88 45.08	
3.	Stranianek Juraj	07	Nereus Žilina	<b>13:33.40</b>	162
	50m: 41.22 41.22	250m: 5:44.97 52.57	450m: 9:16.05 52.33	650m: 12:46.90 49.65	
	100m: 1:28.83 47.61	300m: 6:37.94 52.97	500m: 10:10.00 53.95	800m: 13:33.40 46.50	
	150m: 3:08.90 1:40.07	350m: 7:30.40 52.46	550m: 11:03.55 53.55		
	200m: 4:52.40 1:43.50	400m: 8:23.72 53.32	600m: 11:57.25 53.70		
4.	Hancko Dominik	07	Po Ružomberok	<b>13:52.62</b>	151
	50m: 43.58 43.58	250m: 4:08.47 52.75	450m: 7:42.22 52.47	650m: 11:15.15 53.18	
	100m: 1:33.25 49.67	300m: 5:03.22 54.75	500m: 8:34.97 52.75	700m: 12:08.30 53.15	
	150m: 2:24.37 51.12	350m: 5:56.22 53.00	550m: 9:28.15 53.18	750m: 13:02.55 54.25	
	200m: 3:15.72 51.35	400m: 6:49.75 53.53	600m: 10:21.97 53.82	800m: 13:52.62 50.07	
5.	Manga Vladimír	07	Nereus Žilina	<b>16:14.89</b>	94
	50m: 53.50 53.50	250m: 4:57.00 1:01.72	450m: 9:08.06 1:02.50	650m: 13:22.04 1:02.18	
	100m: 1:52.96 59.46	300m: 5:59.53 1:02.53	500m: 10:13.53 1:05.47	700m: 14:21.93 59.89	
	150m: 2:54.14 1:01.18	350m: 7:02.43 1:02.90	550m: 11:17.86 1:04.33	750m: 15:21.93 1:00.00	
	200m: 3:55.28 1:01.14	400m: 8:05.56 1:03.13	600m: 12:19.86 1:02.00	800m: 16:14.89 52.96	

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 3, muži, 800m vo ný spôsob

12 ro .

1. Pú ek Richard			06	PKMA				<b>10:35.00</b>	340		
50m:	37.75	37.75	250m:	3:20.72	40.60	500m:	6:39.83	39.75	700m:	9:19.58	39.71
100m:	1:18.58	40.83	300m:	4:01.97	41.25	550m:	7:20.72	40.89	750m:	9:58.90	39.32
150m:	1:59.05	40.47	350m:	4:40.72	38.75	600m:	8:00.33	39.61	800m:	10:35.00	36.10
200m:	2:40.12	41.07	450m:	6:00.08	1:19.36	650m:	8:39.87	39.54			
2. Reich Richard			06	PKMA				<b>10:54.03</b>	311		
50m:	35.53	35.53	250m:	3:18.88	40.75	450m:	6:03.48	41.60	650m:	8:51.66	42.50
100m:	1:15.88	40.35	300m:	4:00.78	41.90	500m:	6:45.48	42.00	700m:	9:34.16	42.50
150m:	1:56.84	40.96	350m:	4:41.56	40.78	550m:	7:27.03	41.55	750m:	10:16.13	41.97
200m:	2:38.13	41.29	400m:	5:21.88	40.32	600m:	8:09.16	42.13	800m:	10:54.03	37.90
3. Ondruš Tomáš			06	Nereus Žilina				<b>11:24.51</b>	271		
50m:	36.89	36.89	250m:	3:29.56	43.78	450m:	6:26.60	44.13	650m:	9:20.27	43.05
100m:	1:18.58	41.69	300m:	4:13.83	44.27	500m:	7:10.49	43.89	700m:	10:02.96	42.69
150m:	2:01.74	43.16	350m:	4:58.53	44.70	550m:	7:54.36	43.87	750m:	10:44.75	41.79
200m:	2:45.78	44.04	400m:	5:42.47	43.94	600m:	8:37.22	42.86	800m:	11:24.51	39.76
4. Porvazník Jakub			06	TT Dolný Kubín				<b>11:53.38</b>	240		
50m:	37.77	37.77	250m:	3:39.33	46.58	450m:	6:42.73	46.03	650m:	9:43.68	45.45
100m:	1:21.99	44.22	300m:	4:24.16	44.83	500m:	7:27.70	44.97	700m:	10:29.01	45.33
150m:	2:08.41	46.42	350m:	5:10.68	46.52	550m:	8:13.32	45.62	750m:	11:13.95	44.94
200m:	2:52.75	44.34	400m:	5:56.70	46.02	600m:	8:58.23	44.91	800m:	11:53.38	39.43
5. Nový Adam			06	Nereus Žilina				<b>12:50.46</b>	190		
50m:	40.35	40.35	250m:	3:48.03	48.85	450m:	7:03.60	51.60	650m:	10:20.61	47.31
100m:	1:26.07	45.72	300m:	4:37.73	49.70	500m:	7:53.10	49.50	700m:	11:10.64	50.03
150m:	2:12.80	46.73	350m:	5:24.79	47.06	550m:	8:42.28	49.18	750m:	12:00.37	49.73
200m:	2:59.18	46.38	400m:	6:12.00	47.21	600m:	9:33.30	51.02	800m:	12:50.46	50.09

13 ro .

1. Timko Michal			05	Nereus Žilina				<b>11:06.87</b>	293		
50m:	35.59	35.59	250m:	3:21.97	42.31	450m:	6:12.97	42.81	650m:	9:03.30	42.46
100m:	1:15.44	39.85	300m:	4:05.09	43.12	500m:	6:55.59	42.62	700m:	9:45.16	41.86
150m:	1:57.22	41.78	350m:	4:47.66	42.57	550m:	7:38.59	43.00	750m:	10:27.09	41.93
200m:	2:39.66	42.44	400m:	5:30.16	42.50	600m:	8:20.84	42.25	800m:	11:06.87	39.78
2. Miškuf Martin Eduard			05	PKMA				<b>11:26.19</b>	269		
50m:	37.87	37.87	250m:	3:29.84	44.40	450m:	6:25.55	44.00	650m:	9:21.30	44.28
100m:	1:19.04	41.17	300m:	4:14.16	44.32	500m:	7:09.87	44.32	700m:	10:04.22	42.92
150m:	2:02.09	43.05	350m:	4:57.22	43.06	550m:	7:53.44	43.57	750m:	10:46.69	42.47
200m:	2:45.44	43.35	400m:	5:41.55	44.33	600m:	8:37.02	43.58	800m:	11:26.19	39.50
3. Mikoláš Rastislav			05	PKMA				<b>12:07.75</b>	226		
50m:	39.90	39.90	250m:	3:40.86	46.14	450m:	6:46.64	46.85	650m:	9:54.50	47.12
100m:	1:24.09	44.19	300m:	4:27.92	47.06	500m:	7:33.40	46.76	700m:	10:41.81	47.31
150m:	2:10.39	46.30	350m:	5:13.54	45.62	550m:	8:20.50	47.10	750m:	11:26.61	44.80
200m:	2:54.72	44.33	400m:	5:59.79	46.25	600m:	9:07.38	46.88	800m:	12:07.75	41.14
4. Vdovi ík Maximilián			05	Nereus Žilina				<b>12:34.83</b>	202		
50m:	38.44	38.44	250m:	3:47.12	47.90	450m:	7:05.04	48.50	650m:	10:20.76	49.29
100m:	1:22.26	43.82	300m:	4:37.16	50.04	500m:	7:56.26	51.22	700m:	11:08.47	47.71
150m:	2:09.54	47.28	350m:	5:25.94	48.78	550m:	8:42.54	46.28	750m:	11:53.04	44.57
200m:	2:59.22	49.68	400m:	6:16.54	50.60	600m:	9:31.47	48.93	800m:	12:34.83	41.79
5. asnocha Rastislav			05	Nereus Žilina				<b>12:40.70</b>	198		
50m:	38.34	38.34	250m:	3:43.59	48.64	450m:	6:58.70	49.25	650m:	10:14.92	48.72
100m:	1:22.06	43.72	300m:	4:32.34	48.75	500m:	7:48.06	49.36	700m:	11:04.42	49.50
150m:	2:08.10	46.04	350m:	5:20.42	48.08	550m:	8:36.84	48.78	750m:	11:52.84	48.42
200m:	2:54.95	46.85	400m:	6:09.45	49.03	600m:	9:26.20	49.36	800m:	12:40.70	47.86
6. Chovanec Samuel			05	Nereus Žilina				<b>12:48.48</b>	192		
50m:	42.87	42.87	250m:	3:54.38	47.54	450m:	7:10.94	49.38	650m:	10:28.23	49.25
100m:	1:30.34	47.47	300m:	4:42.81	48.43	500m:	7:59.73	48.79	700m:	11:17.44	49.21
150m:	2:18.19	47.85	350m:	5:32.19	49.38	550m:	8:49.13	49.40	750m:	12:03.66	46.22
200m:	3:06.84	48.65	400m:	6:21.56	49.37	600m:	9:38.98	49.85	800m:	12:48.48	44.82

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 3, žiaci, 800m vo ný spôsob, 13 ro .

por.			Ro .						as	body		
7.	Balog Simon		05	Nereus Žilina					<b>12:58.02</b>	185		
	50m:	42.09	42.09	250m:	3:55.34	48.47	450m:	7:13.63	650m:	10:35.44	50.06	
	100m:	1:29.73	47.64	300m:	4:44.13	48.79	500m:	8:04.34	50.71	700m:	11:23.94	48.50
	150m:	2:17.91	48.18	350m:	5:33.81	49.68	550m:	8:55.06	50.72	750m:	12:13.51	49.57
	200m:	3:06.87	48.96	400m:	9:23.69	3:49.88	600m:	9:45.38	50.32	800m:	12:58.02	44.51
8.	ernák uboš		05	Nereus Žilina					<b>14:34.15</b>	130		
	50m:	46.11	46.11	250m:	4:18.63	54.09	450m:	8:01.62	55.29	650m:	11:50.08	57.75
	100m:	1:37.65	51.54	300m:	5:13.41	54.78	500m:	8:59.36	57.74	700m:	12:45.81	55.73
	150m:	2:31.99	54.34	350m:	6:09.36	55.95	550m:	9:55.44	56.08	750m:	13:41.70	55.89
	200m:	3:24.54	52.55	400m:	7:06.33	56.97	600m:	10:52.33	56.89	800m:	14:34.15	52.45
9.	Kyselica Šimon		05	Nereus Žilina					<b>14:48.44</b>	124		
	50m:	44.07	44.07	250m:	4:29.33	58.10	450m:	8:19.03	57.27	650m:	12:05.50	55.20
	100m:	1:38.56	54.49	300m:	5:26.71	57.38	500m:	9:16.30	57.27	700m:	13:00.68	55.18
	150m:	2:34.27	55.71	350m:	6:24.74	58.03	550m:	10:13.53	57.23	750m:	13:55.68	55.00
	200m:	3:31.23	56.96	400m:	7:21.76	57.02	600m:	11:10.30	56.77	800m:	14:48.44	52.76

14 ro .

1.	Lizák Filip		04	MPKDK					<b>10:16.61</b>	371		
	50m:	33.91	33.91	250m:	3:06.29	38.81	450m:	5:42.45	39.12	650m:	8:19.12	39.12
	100m:	1:11.15	37.24	300m:	3:45.15	38.86	500m:	6:21.63	39.18	700m:	8:58.10	38.98
	150m:	1:49.59	38.44	350m:	4:24.09	38.94	550m:	7:00.70	39.07	750m:	9:37.56	39.46
	200m:	2:27.48	37.89	400m:	5:03.33	39.24	600m:	7:40.00	39.30	800m:	10:16.61	39.05
2.	Pú ek Šimon		04	PKMA					<b>10:27.43</b>	352		
	50m:	36.48	36.48	250m:	3:16.37	39.86	450m:	5:56.40	38.88	650m:	8:34.15	39.65
	100m:	1:16.06	39.58	300m:	3:56.81	40.44	500m:	6:35.81	39.41	700m:	9:13.12	38.97
	150m:	1:56.57	40.51	350m:	4:37.58	40.77	550m:	7:15.61	39.80	750m:	9:52.30	39.18
	200m:	2:36.51	39.94	400m:	5:17.52	39.94	600m:	7:54.50	38.89	800m:	10:27.43	35.13
3.	Viluda Jakub		04	PKMA					<b>11:54.13</b>	239		
	50m:	35.95	35.95	250m:	3:38.01	46.95	450m:	6:44.00	46.44	650m:	9:47.87	45.96
	100m:	1:18.78	42.83	300m:	4:24.55	46.54	500m:	7:30.86	46.86	700m:	10:32.86	44.99
	150m:	2:04.64	45.86	350m:	5:11.35	46.80	550m:	8:16.15	45.29	750m:	11:17.09	44.23
	200m:	2:51.06	46.42	400m:	5:57.56	46.21	600m:	9:01.91	45.76	800m:	11:54.13	37.04
4.	Ková Tobias		04	Nereus Žilina					<b>11:58.67</b>	234		
	50m:	37.70	37.70	250m:	3:32.49	44.79	450m:	6:35.85	45.79	650m:	9:42.63	46.68
	100m:	1:19.92	42.22	300m:	4:18.03	45.54	500m:	7:23.13	47.28	700m:	10:29.00	46.37
	150m:	2:03.38	43.46	350m:	5:04.17	46.14	550m:	8:09.60	46.47	750m:	11:16.06	47.06
	200m:	2:47.70	44.32	400m:	5:50.06	45.89	600m:	8:55.95	46.35	800m:	11:58.67	42.61
5.	Vesteg Radoslav		04	Nereus Žilina					<b>12:27.56</b>	208		
	50m:	42.95	42.95	250m:	3:53.95	47.82	450m:	7:04.49	45.89	650m:	10:15.77	47.14
	100m:	1:30.27	47.32	300m:	4:41.31	47.36	500m:	7:51.67	47.18	700m:	11:02.20	46.43
	150m:	2:17.10	46.83	350m:	5:30.38	49.07	550m:	8:40.17	48.50	750m:	11:47.60	45.40
	200m:	3:06.13	49.03	400m:	6:18.60	48.22	600m:	9:28.63	48.46	800m:	12:27.56	39.96

15 - 16 ro .

1.	Hrivnák Michal		03	PKMA					<b>10:41.98</b>	329		
	50m:	34.40	34.40	250m:	3:17.75	41.31	450m:	6:02.94	41.54	650m:	8:45.93	40.18
	100m:	1:14.45	40.05	300m:	3:58.78	41.03	500m:	6:44.39	41.45	700m:	9:25.76	39.83
	150m:	1:55.54	41.09	350m:	4:40.33	41.55	550m:	7:25.29	40.90	750m:	10:06.67	40.91
	200m:	2:36.44	40.90	400m:	5:21.40	41.07	600m:	8:05.75	40.46	800m:	10:41.98	35.31
2.	Mesároš Matej		03	MPKDK					<b>10:51.81</b>	314		
	50m:	36.09	36.09	250m:	3:20.20	41.27	450m:	6:05.57	41.87	650m:	8:49.90	41.57
	100m:	1:16.53	40.44	300m:	4:01.04	40.84	500m:	6:45.91	40.34	700m:	9:32.04	42.14
	150m:	1:57.75	41.22	350m:	4:43.08	42.04	550m:	7:26.93	41.02	750m:	10:12.32	40.28
	200m:	2:38.93	41.18	400m:	5:23.70	40.62	600m:	8:08.33	41.40	800m:	10:51.81	39.49

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 3, žiaci, 800m vo ný spôsob, 15 - 16 ro .

por.			Ro .							as	body	
3.	Gulas Martin		02	Nereus Žilina						<b>11:18.16</b>	279	
	50m:	37.04	37.04	250m:	3:26.69	42.83	450m:	6:19.03	43.56	650m:	9:12.33	42.95
	100m:	1:18.94	41.90	300m:	4:09.49	42.80	500m:	7:02.28	43.25	700m:	9:55.34	43.01
	150m:	2:01.07	42.13	350m:	4:52.36	42.87	550m:	7:45.81	43.53	750m:	10:38.03	42.69
	200m:	2:43.86	42.79	400m:	5:35.47	43.11	600m:	8:29.38	43.57	800m:	11:18.16	40.13

17 - 18 ro .

1.	Hrabovský Adam		00	PKMA						<b>9:13.99</b>	512	
	50m:	31.89	31.89	250m:	2:52.46	35.15	450m:	5:14.17	34.75	650m:	7:33.07	34.29
	100m:	1:06.81	34.92	300m:	3:27.96	35.50	500m:	5:49.09	34.92	700m:	8:07.07	34.00
	150m:	1:42.24	35.43	350m:	4:03.71	35.75	550m:	6:23.96	34.87	750m:	8:41.78	34.71
	200m:	2:17.31	35.07	400m:	4:39.42	35.71	600m:	6:58.78	34.82	800m:	9:13.99	32.21
2.	Strnad Jakub		01	Nereus Žilina						<b>9:35.97</b>	456	
	50m:	32.62	32.62	250m:	2:55.90	36.03	450m:	5:20.72	36.25	650m:	7:47.12	36.43
	100m:	1:08.12	35.50	300m:	3:31.94	36.04	500m:	5:57.30	36.58	700m:	8:23.87	36.75
	150m:	1:43.83	35.71	350m:	4:08.19	36.25	550m:	6:33.69	36.39	750m:	9:00.19	36.32
	200m:	2:19.87	36.04	400m:	4:44.47	36.28	600m:	7:10.69	37.00	800m:	9:35.97	35.78
3.	Michlík Daniel		00	Nereus Žilina						<b>10:01.81</b>	400	
	50m:	32.20	32.20	250m:	3:03.63	38.07	450m:	5:38.17	38.50	650m:	8:12.20	38.53
	100m:	1:08.95	36.75	300m:	3:42.49	38.86	500m:	6:16.60	38.43	700m:	8:50.81	38.61
	150m:	1:47.10	38.15	350m:	4:20.74	38.25	550m:	6:55.67	39.07	750m:	9:27.13	36.32
	200m:	2:25.56	38.46	400m:	4:59.67	38.93	600m:	7:33.67	38.00	800m:	10:01.81	34.68

19 ro . a st.

1.	ernek Adam		99	PKMA						<b>8:53.86</b>	573	
	50m:	31.31	31.31	250m:	2:47.02	34.24	450m:	5:02.16	33.02	650m:	7:14.14	32.35
	100m:	1:04.65	33.34	300m:	3:20.96	33.94	500m:	5:37.55	35.39	700m:	7:46.39	32.25
	150m:	1:38.69	34.04	350m:	3:55.21	34.25	550m:	6:09.63	32.08	750m:	8:21.21	34.82
	200m:	2:12.78	34.09	400m:	4:29.14	33.93	600m:	6:41.79	32.16	800m:	8:53.86	32.65
2.	Gordík Jakub		98	Nereus Žilina						<b>9:07.73</b>	530	
	50m:	30.79	30.79	250m:	2:47.70	34.82	450m:	5:05.31	34.48	650m:	7:24.51	35.36
	100m:	1:03.99	33.20	300m:	3:21.90	34.20	500m:	5:39.55	34.24	700m:	7:59.79	35.28
	150m:	1:35.63	31.64	350m:	3:56.23	34.33	550m:	6:13.96	34.41	750m:	8:34.33	34.54
	200m:	2:12.88	37.25	400m:	4:30.83	34.60	600m:	6:49.15	35.19	800m:	9:07.73	33.40
3.	Tomkuliak Martin		90	TT Dolný Kubín						<b>11:35.43</b>	259	
	50m:	34.05	34.05	250m:	3:19.74	44.01	450m:	6:19.06	45.04	650m:	9:20.20	45.49
	100m:	1:12.11	38.06	300m:	4:04.31	44.57	500m:	7:03.87	44.81	700m:	10:05.72	45.52
	150m:	1:52.80	40.69	350m:	4:49.02	44.71	550m:	7:49.20	45.33	750m:	10:51.23	45.51
	200m:	2:35.73	42.93	400m:	5:34.02	45.00	600m:	8:34.71	45.51	800m:	11:35.43	44.20

disciplína 4  
17.02.2018 - 11:34

ženy, 800m vo ný spôsob

10 ro . a st.  
Výsledky

bodovanie: FINA 2017

por.			Ro .							as	body	
10 ro .												
1.	Novotná Natália		08	PKMA						<b>12:58.07</b>	233	
	50m:	43.76	43.76	250m:	4:01.56	49.00	450m:	7:19.79	49.45	650m:	10:35.60	48.75
	100m:	1:34.15	50.39	300m:	4:51.59	50.03	500m:	8:09.38	49.59	700m:	11:24.30	48.70
	150m:	2:22.41	48.26	350m:	5:40.31	48.72	550m:	8:57.80	48.42	750m:	12:11.84	47.54
	200m:	3:12.56	50.15	400m:	6:30.34	50.03	600m:	9:46.85	49.05	800m:	12:58.07	46.23
2.	Peknušová Sophia		08	Nereus Žilina						<b>13:01.57</b>	230	
	50m:	43.12	43.12	250m:	4:01.33	49.40	450m:	7:20.22	49.95	650m:	10:35.79	48.43
	100m:	1:32.78	49.66	300m:	4:50.67	49.34	500m:	8:08.55	48.33	700m:	11:25.52	49.73
	150m:	2:21.38	48.60	350m:	5:40.39	49.72	550m:	8:58.01	49.46	750m:	12:13.70	48.18
	200m:	3:11.93	50.55	400m:	6:30.27	49.88	600m:	9:47.36	49.35	800m:	13:01.57	47.87

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 4, žia ky, 800m vo ný spôsob, 10 ro .

por.			Ro .							as	body	
3.	Macková Dorota		08	Po Ružomberok						<b>13:36.31</b>	202	
	50m:	44.36	44.36	250m:	4:10.69	51.63	450m:	7:38.96	52.71	650m:	11:05.36	49.36
	100m:	1:35.56	51.20	300m:	5:02.53	51.84	500m:	8:31.39	52.43	700m:	12:00.75	55.39
	150m:	2:27.28	51.72	350m:	5:54.36	51.83	550m:	9:24.43	53.04	750m:	12:52.14	51.39
	200m:	3:19.06	51.78	400m:	6:46.25	51.89	600m:	10:16.00	51.57	800m:	13:36.31	44.17
4.	Urbanová Linda		08	MPKDK						<b>14:05.16</b>	182	
	50m:	46.93	46.93	250m:	4:23.05	54.34	450m:	7:56.85	53.03	650m:	11:27.76	52.47
	100m:	1:40.44	53.51	300m:	5:15.93	52.88	500m:	8:49.75	52.90	700m:	12:20.55	52.79
	150m:	2:34.48	54.04	350m:	6:09.91	53.98	550m:	9:42.65	52.90	750m:	13:14.08	53.53
	200m:	3:28.71	54.23	400m:	7:03.82	53.91	600m:	10:35.29	52.64	800m:	14:05.16	51.08
5.	Stranianská Lívia		08	Nereus Žilina						<b>16:02.80</b>	123	
	50m:	50.84	50.84	250m:	4:53.91	1:02.88	450m:	9:00.23	1:00.28	650m:	13:07.20	1:01.97
	100m:	1:49.38	58.54	300m:	5:56.13	1:02.22	500m:	10:01.28	1:01.05	700m:	14:07.63	1:00.43
	150m:	2:50.38	1:01.00	350m:	6:57.38	1:01.25	550m:	11:03.38	1:02.10	750m:	15:06.56	58.93
	200m:	3:51.03	1:00.65	400m:	7:59.95	1:02.57	600m:	12:05.23	1:01.85	800m:	16:02.80	56.24

11 ro .

1.	Jurigová Simona		07	Delfín Liptovský Mikuláš						<b>11:56.11</b>	299	
	50m:	39.69	39.69	250m:	3:35.61	44.64	450m:	6:38.72	46.39	650m:	9:44.02	46.21
	100m:	1:22.20	42.51	300m:	4:20.21	44.60	500m:	7:24.98	46.26	700m:	10:30.38	46.36
	150m:	2:06.30	44.10	350m:	5:06.22	46.01	550m:	8:11.19	46.21	750m:	11:15.35	44.97
	200m:	2:50.97	44.67	400m:	5:52.33	46.11	600m:	8:57.81	46.62	800m:	11:56.11	40.76
2.	Piecková Laura		07	MPKDK						<b>12:09.75</b>	283	
	50m:	41.68	41.68	250m:	3:45.61	45.00	450m:	6:51.36	46.46	650m:	9:55.83	46.05
	100m:	1:27.11	45.43	300m:	4:31.40	45.79	500m:	7:37.75	46.39	700m:	10:42.08	46.25
	150m:	2:13.19	46.08	350m:	5:17.93	46.53	550m:	8:24.03	46.28	750m:	11:27.11	45.03
	200m:	3:00.61	47.42	400m:	6:04.90	46.97	600m:	9:09.78	45.75	800m:	12:09.75	42.64
3.	Mikulášová Eva		07	TT Dolný Kubín						<b>12:24.39</b>	267	
	50m:	38.53	38.53	250m:	3:45.66	47.72	450m:	6:58.21	47.86	650m:	10:07.62	47.53
	100m:	1:23.89	45.36	300m:	4:33.64	47.98	500m:	7:45.61	47.40	700m:	10:54.51	46.89
	150m:	2:10.87	46.98	350m:	5:21.91	48.27	550m:	8:33.50	47.89	750m:	11:41.24	46.73
	200m:	2:57.94	47.07	400m:	6:10.35	48.44	600m:	9:20.09	46.59	800m:	12:24.39	43.15
4.	Kudla ová Petra		07	PKMA						<b>13:18.44</b>	216	
	50m:	45.23	45.23	250m:	4:07.44	50.60	450m:	7:32.13	51.37	650m:	10:54.31	49.87
	100m:	1:34.63	49.40	300m:	4:58.56	51.12	500m:	8:23.38	51.25	700m:	11:44.81	50.50
	150m:	2:25.63	51.00	350m:	5:49.23	50.67	550m:	9:14.69	51.31	750m:	12:33.51	48.70
	200m:	3:16.84	51.21	400m:	6:40.76	51.53	600m:	10:04.44	49.75	800m:	13:18.44	44.93
5.	Michalidesová Alexandra		07	PKMA						<b>13:34.00</b>	204	
	50m:	43.86	43.86	250m:	4:06.75	50.89	450m:	7:34.97	51.04	650m:	11:04.68	52.43
	100m:	1:33.28	49.42	300m:	5:00.00	53.25	500m:	8:27.61	52.64	700m:	11:56.53	51.85
	150m:	2:24.15	50.87	350m:	5:51.03	51.03	550m:	9:19.00	51.39	750m:	12:48.18	51.65
	200m:	3:15.86	51.71	400m:	6:43.93	52.90	600m:	10:12.25	53.25	800m:	13:34.00	45.82
6.	Gabajová Emma Mária		07	Nereus Žilina						<b>14:06.19</b>	181	
	50m:	45.00	45.00	250m:	4:14.89	52.60	450m:	7:50.34	54.45	650m:	11:30.77	55.07
	100m:	1:36.06	51.06	300m:	5:08.81	53.92	500m:	8:42.97	52.63	700m:	12:26.29	55.52
	150m:	2:28.04	51.98	350m:	6:02.32	53.51	550m:	9:39.05	56.08	750m:	13:18.60	52.31
	200m:	3:22.29	54.25	400m:	6:55.89	53.57	600m:	10:35.70	56.65	800m:	14:06.19	47.59
7.	Pagá ová Tereza		07	Nereus Žilina						<b>14:39.57</b>	161	
	50m:	47.86	47.86	250m:	4:28.94	55.58	450m:	8:14.29	55.80	650m:	11:58.62	55.75
	100m:	1:42.64	54.78	300m:	5:25.86	56.92	500m:	9:10.39	56.10	700m:	12:53.40	54.78
	150m:	2:37.83	55.19	350m:	6:22.75	56.89	550m:	10:06.68	56.29	750m:	13:47.41	54.01
	200m:	3:33.36	55.53	400m:	7:18.49	55.74	600m:	11:02.87	56.19	800m:	14:39.57	52.16
8.	Záthurecká Nina		07	Nereus Žilina						<b>14:51.82</b>	155	
	50m:	47.79	47.79	250m:	4:30.18	56.61	450m:	8:16.08	56.07	650m:	12:03.12	57.18
	100m:	1:42.82	55.03	300m:	5:26.53	56.35	500m:	9:12.25	56.17	700m:	12:59.57	56.45
	150m:	2:38.11	55.29	350m:	6:23.06	56.53	550m:	10:08.81	56.56	750m:	13:54.27	54.70
	200m:	3:33.57	55.46	400m:	7:20.01	56.95	600m:	11:05.94	57.13	800m:	14:51.82	57.55

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 4, žia ky, 800m vo ný spôsob, 11 ro .

por.			Ro .							as	body
9.	Košárková Barbora		07	PKMA						<b>14:57.93</b>	152
	50m:	49.10 49.10	250m:	4:39.58	58.22	450m:	8:30.00	1:00.10	650m:	12:19.20	54.74
	100m:	1:45.64 56.54	300m:	5:36.75	57.17	500m:	9:26.79	56.79	700m:	13:15.15	55.95
	150m:	2:43.84 58.20	350m:	6:33.66	56.91	550m:	10:26.48	59.69	750m:	14:10.32	55.17
	200m:	3:41.36 57.52	400m:	7:29.90	56.24	600m:	11:24.46	57.98	800m:	14:57.93	47.61
10.	Valášková Alexandra		07	Nereus Žilina						<b>15:39.06</b>	132
	50m:	47.02 47.02	250m:	4:46.49	1:00.83	450m:	8:48.49	1:01.09	650m:	12:49.32	1:00.50
	100m:	1:43.91 56.89	300m:	5:47.77	1:01.28	500m:	9:48.65	1:00.16	700m:	13:51.83	1:02.51
	150m:	2:45.92 1:02.01	350m:	6:48.98	1:01.21	550m:	10:47.80	59.15	750m:	14:43.06	51.23
	200m:	3:45.66 59.74	400m:	7:47.40	58.42	600m:	11:48.82	1:01.02	800m:	15:39.06	56.00
11.	Zbranková Eliška		07	Nereus Žilina						<b>16:22.73</b>	116
	50m:	48.38 48.38	250m:	4:48.38	1:02.43	450m:	9:05.45	1:03.92	650m:	13:19.78	1:04.00
	100m:	1:45.23 56.85	300m:	5:52.09	1:03.71	500m:	10:09.70	1:04.25	700m:	14:24.28	1:04.50
	150m:	2:44.66 59.43	350m:	6:55.98	1:03.89	550m:	11:12.13	1:02.43	750m:	15:25.84	1:01.56
	200m:	3:45.95 1:01.29	400m:	8:01.53	1:05.55	600m:	12:15.78	1:03.65	800m:	16:22.73	56.89
12.	Harváňková Kristína		07	Nereus Žilina						<b>16:29.99</b>	113
	50m:	47.48 47.48	250m:	4:57.12	1:04.12	450m:	9:17.63	1:06.79	650m:	13:38.12	1:02.04
	100m:	1:45.75 58.27	300m:	6:01.96	1:04.84	500m:	10:22.33	1:04.70	700m:	14:33.38	55.26
	150m:	2:48.97 1:03.22	350m:	7:06.97	1:05.01	550m:	11:30.19	1:07.86	750m:	15:31.09	57.71
	200m:	3:53.00 1:04.03	400m:	8:10.84	1:03.87	600m:	12:36.08	1:05.89	800m:	16:29.99	58.90
13.	Timkani ová Lucia		07	Nereus Žilina						<b>19:08.48</b>	72
	50m:	56.73 56.73	250m:	5:52.78	1:18.22	450m:	11:00.34	1:17.14	650m:	15:49.09	1:07.56
	100m:	1:11.93 15.20	300m:	7:11.80	1:19.02	500m:	12:18.66	1:18.32	700m:	16:57.06	1:07.97
	150m:	3:19.20 2:07.27	350m:	8:29.09	1:17.29	550m:	13:29.98	1:11.32	750m:	18:04.98	1:07.92
	200m:	4:34.56 1:15.36	400m:	9:43.20	1:14.11	600m:	14:41.53	1:11.55	800m:	19:08.48	1:03.50

12 ro .

1.	Gruha áková Laura		06	PKMA						<b>10:34.52</b>	431
	50m:	37.00 37.00	250m:	3:17.26	40.03	450m:	5:57.13	39.26	650m:	8:37.26	40.06
	100m:	1:17.05 40.05	300m:	3:57.60	40.34	500m:	6:37.27	40.14	700m:	9:17.59	40.33
	150m:	1:57.16 40.11	350m:	4:37.73	40.13	550m:	7:17.18	39.91	750m:	9:57.75	40.16
	200m:	2:37.23 40.07	400m:	5:17.87	40.14	600m:	7:57.20	40.02	800m:	10:34.52	36.77
2.	Hrn árová Alexandra		06	Nereus Žilina						<b>11:04.65</b>	375
	50m:	36.22 36.22	250m:	3:23.22	42.64	450m:	4:11.25		650m:	8:59.65	42.65
	100m:	1:16.55 40.33	300m:	4:05.50	42.28	500m:	6:53.12	2:41.87	700m:	9:41.62	41.97
	150m:	1:58.78 42.23	350m:	4:47.33	41.83	550m:	7:35.00	41.88	750m:	10:23.40	41.78
	200m:	2:40.58 41.80	400m:	5:29.19	41.86	600m:	8:17.00	42.00	800m:	11:04.65	41.25
3.	Palovi ová Alica		06	PKMA						<b>11:18.69</b>	352
	50m:	37.15 37.15	250m:	3:24.72	42.50	450m:	6:17.44	43.25	650m:	9:11.72	43.72
	100m:	1:18.22 41.07	300m:	4:07.25	42.53	500m:	7:00.90	43.46	700m:	9:55.44	43.72
	150m:	1:59.87 41.65	350m:	4:50.72	43.47	550m:	7:44.69	43.79	750m:	10:38.62	43.18
	200m:	2:42.22 42.35	400m:	5:34.19	43.47	600m:	8:28.00	43.31	800m:	11:18.69	40.07
4.	Konštiaková Sophie		06	TT Dolný Kubín						<b>13:13.04</b>	220
	50m:	39.97 39.97	250m:	3:56.36	50.31	450m:	7:18.40	51.43	650m:	10:41.24	49.44
	100m:	1:26.51 46.54	300m:	4:46.86	50.50	500m:	8:09.01	50.61	700m:	11:33.01	51.77
	150m:	2:16.16 49.65	350m:	5:36.75	49.89	550m:	8:59.95	50.94	750m:	12:24.24	51.23
	200m:	3:06.05 49.89	400m:	6:26.97	50.22	600m:	9:51.80	51.85	800m:	13:13.04	48.80
5.	Kavcová Alexandra		06	Nereus Žilina						<b>13:34.97</b>	203
	50m:	42.37 42.37	250m:	4:04.08	51.97	450m:	7:31.87	1:19.18	650m:	11:03.28	53.67
	100m:	1:31.17 48.80	300m:	4:56.03	51.95	500m:	8:27.49	55.62	700m:	11:55.81	52.53
	150m:	2:21.08 49.91	350m:	5:48.69	52.66	550m:	9:19.16	51.67	750m:	12:47.43	51.62
	200m:	3:12.11 51.03	400m:	6:12.69	24.00	600m:	10:09.61	50.45	800m:	13:34.97	47.54
6.	Gomolová Ema		06	PKMA						<b>15:50.77</b>	128
	50m:	50.51 50.51	250m:	4:51.24	1:00.30	450m:	8:51.57	1:01.20	650m:	12:57.06	1:01.57
	100m:	1:51.43 1:00.92	300m:	5:49.79	58.55	500m:	9:51.00	59.43	700m:	13:56.02	58.96
	150m:	2:50.93 59.50	350m:	6:50.72	1:00.93	550m:	10:53.72	1:02.72	750m:	14:55.63	59.61
	200m:	3:50.94 1:00.01	400m:	7:50.37	59.65	600m:	11:55.49	1:01.77	800m:	15:50.77	55.14

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 4, ženy, 800m vo ný spôsob

13 ro .

1.	Dzurillová Alexandra		05	Nereus Žilina		<b>10:58.91</b>	384	
	50m: 36.34	36.34	250m: 3:19.66	41.32	450m: 6:07.91	42.60	650m: 8:57.16	42.10
	100m: 1:16.26	39.92	300m: 4:01.19	41.53	500m: 6:49.98	42.07	700m: 9:38.51	41.35
	150m: 1:56.91	40.65	350m: 4:43.44	42.25	550m: 7:32.63	42.65	750m: 10:20.44	41.93
	200m: 2:38.34	41.43	400m: 5:25.31	41.87	600m: 8:15.06	42.43	800m: 10:58.91	38.47
2.	Manga Nela		05	Nereus Žilina		<b>11:18.19</b>	353	
	50m: 36.84	36.84	250m: 3:24.46	43.01	450m: 6:18.30	43.77	650m: 9:12.27	43.38
	100m: 1:17.32	40.48	300m: 4:07.52	43.06	500m: 7:00.96	42.66	700m: 9:55.46	43.19
	150m: 1:58.94	41.62	350m: 4:51.26	43.74	550m: 7:44.83	43.87	750m: 10:38.98	43.52
	200m: 2:41.45	42.51	400m: 5:34.53	43.27	600m: 8:28.89	44.06	800m: 11:18.19	39.21
3.	Kubová Karolína		05	Delfín Liptovský Mikuláš		<b>11:19.50</b>	351	
	50m: 36.75	36.75	250m: 3:25.44	43.00	450m: 6:21.15	43.75	650m: 9:16.50	44.17
	100m: 1:17.69	40.94	300m: 4:09.50	44.06	500m: 7:05.67	44.52	700m: 9:59.12	42.62
	150m: 1:59.55	41.86	350m: 4:53.44	43.94	550m: 7:48.50	42.83	750m: 10:41.62	42.50
	200m: 2:42.44	42.89	400m: 5:37.40	43.96	600m: 8:32.33	43.83	800m: 11:19.50	37.88
4.	Hanáková Ema		05	Nereus Žilina		<b>11:19.52</b>	351	
	50m: 36.70	36.70	250m: 3:25.38	42.96	450m: 6:21.10	43.75	650m: 9:16.31	44.00
	100m: 1:17.63	40.93	300m: 4:09.49	44.11	500m: 7:04.92	43.82	700m: 9:59.10	42.79
	150m: 1:59.56	41.93	350m: 4:53.38	43.89	550m: 7:48.49	43.57	750m: 10:41.60	42.50
	200m: 2:42.42	42.86	400m: 5:37.35	43.97	600m: 8:32.31	43.82	800m: 11:19.52	37.92
5.	Mecková Timea		05	FLIPPER Brezno		<b>12:09.22</b>	284	
	50m: 39.72	39.72	250m: 3:41.75	46.59	450m: 6:46.97	46.90	650m: 9:52.53	46.57
	100m: 1:23.45	43.73	300m: 4:27.57	45.82	500m: 7:33.78	46.81	700m: 10:38.61	46.08
	150m: 2:09.45	46.00	350m: 5:13.96	46.39	550m: 8:19.84	46.06	750m: 11:24.75	46.14
	200m: 2:55.16	45.71	400m: 6:00.07	46.11	600m: 9:05.96	46.12	800m: 12:09.22	44.47
6.	Botošová Nina		05	FLIPPER Brezno		<b>12:30.94</b>	260	
	50m: 42.40	42.40	250m: 3:48.68	47.53	450m: 6:59.84	45.80	650m: 10:13.13	48.58
	100m: 1:27.58	45.18	300m: 4:39.83	51.15	500m: 7:47.63	47.79	700m: 11:00.42	47.29
	150m: 2:13.90	46.32	350m: 5:23.65	43.82	550m: 8:36.55	48.92	750m: 11:47.16	46.74
	200m: 3:01.15	47.25	400m: 6:14.04	50.39	600m: 9:24.55	48.00	800m: 12:30.94	43.78
7.	Labudová ubomíra		05	Nereus Žilina		<b>12:35.47</b>	255	
	50m: 39.29	39.29	250m: 3:43.19	46.76	450m: 6:56.72	48.15	650m: 10:12.29	49.75
	100m: 1:23.22	43.93	300m: 4:32.15	48.96	500m: 7:44.22	47.50	700m: 11:01.43	49.14
	150m: 2:09.50	46.28	350m: 5:20.37	48.22	550m: 8:32.54	48.32	750m: 11:50.82	49.39
	200m: 2:56.43	46.93	400m: 6:08.57	48.20	600m: 9:22.54	50.00	800m: 12:35.47	44.65
8.	Podmanická Anna		05	Nereus Žilina		<b>13:14.44</b>	219	
	50m: 41.59	41.59	250m: 4:01.59	50.80	450m: 7:26.66	51.54	650m: 10:49.16	50.79
	100m: 1:29.72	48.13	300m: 4:52.51	50.92	500m: 8:17.26	50.60	700m: 11:38.79	49.63
	150m: 2:20.51	50.79	350m: 5:43.79	51.28	550m: 9:07.84	50.58	750m: 12:28.26	49.47
	200m: 3:10.79	50.28	400m: 6:35.12	51.33	600m: 9:58.37	50.53	800m: 13:14.44	46.18
9.	arnecká Stella		05	Nereus Žilina		<b>13:20.46</b>	214	
	50m: 42.18	42.18	300m: 4:49.20	49.81	500m: 8:14.85	52.35	700m: 11:41.53	51.96
	100m: 1:29.49	47.31	350m: 5:40.44	51.24	550m: 9:05.99	51.14	750m: 12:32.50	50.97
	150m: 2:17.68	48.19	400m: 6:31.98	51.54	600m: 9:57.80	51.81	800m: 13:20.46	47.96
	250m: 3:59.39	1:41.71	450m: 7:22.50	50.52	650m: 10:49.57	51.77		
10.	Krištofová Lucia		05	Nereus Žilina		<b>13:35.70</b>	202	
	50m: 43.61	43.61	250m: 4:07.33	52.78	450m: 7:35.42	52.06	650m: 11:03.72	52.33
	100m: 1:32.21	48.60	300m: 4:59.25	51.92	500m: 8:26.95	51.53	700m: 11:55.46	51.74
	150m: 2:22.83	50.62	350m: 5:51.36	52.11	550m: 9:19.79	52.84	750m: 12:47.09	51.63
	200m: 3:14.55	51.72	400m: 6:43.36	52.00	600m: 10:11.39	51.60	800m: 13:35.70	48.61

14 - 15 ro .

1.	Hodo ová Nina		04	TT Dolný Kubín		<b>9:39.17</b>	566	
	50m: 32.31	32.31	250m: 2:56.17	36.30	450m: 5:22.38	36.78	650m: 7:49.59	36.89
	100m: 1:07.51	35.20	300m: 3:32.45	36.28	500m: 5:59.10	36.72	700m: 8:26.52	36.93
	150m: 1:43.30	35.79	350m: 4:09.00	36.55	550m: 6:35.80	36.70	750m: 9:03.68	37.16
	200m: 2:19.87	36.57	400m: 4:45.60	36.60	600m: 7:12.70	36.90	800m: 9:39.17	35.49



Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 4, žia ky, 800m vo ný spôsob, 14 - 15 ro .

por.			Ro .							as	body
2.	Majdová Šárka		04	TT Dolný Kubín						<b>10:03.50</b>	501
	50m:	35.00 35.00	250m:	3:08.11 37.75	450m:	5:40.97 38.19	650m:	8:12.36 37.92			
	100m:	1:12.97 37.97	300m:	3:46.36 38.25	500m:	6:18.75 37.78	700m:	8:50.00 37.64			
	150m:	1:51.72 38.75	350m:	4:24.90 38.54	550m:	6:56.25 37.50	750m:	9:27.58 37.58			
	200m:	2:30.36 38.64	400m:	5:02.78 37.88	600m:	7:34.44 38.19	800m:	10:03.50 35.92			
3.	Mišíková Alexandra		03	PKMA						<b>10:20.78</b>	460
	50m:	35.49 35.49	250m:	3:10.89 38.82	450m:	5:47.49 39.18	650m:	8:24.14 39.40			
	100m:	1:13.96 38.47	300m:	3:49.78 38.89	500m:	6:26.71 39.22	700m:	9:02.78 38.64			
	150m:	1:53.07 39.11	350m:	4:28.57 38.79	550m:	7:05.57 38.86	750m:	9:41.84 39.06			
	200m:	2:32.07 39.00	400m:	5:08.31 39.74	600m:	7:44.74 39.17	800m:	10:20.78 38.94			
4.	Krivdová Kristína		04	TT Dolný Kubín						<b>10:39.23</b>	421
	50m:	36.29 36.29	250m:	3:14.52 40.13	450m:	5:55.21 40.36	650m:	8:37.76 40.48			
	100m:	1:14.89 38.60	300m:	3:54.33 39.81	500m:	6:35.90 40.69	700m:	9:19.00 41.24			
	150m:	1:54.57 39.68	350m:	4:34.65 40.32	550m:	7:16.78 40.88	750m:	10:00.03 41.03			
	200m:	2:34.39 39.82	400m:	5:14.85 40.20	600m:	7:57.28 40.50	800m:	10:39.23 39.20			
5.	Klinerová Zuzana		04	PKMA						<b>10:43.87</b>	412
	50m:	36.33 36.33	250m:	3:18.50 41.20	450m:	6:02.22 40.85	650m:	8:44.87 40.68			
	100m:	1:16.12 39.79	300m:	3:59.30 40.80	500m:	6:42.83 40.61	700m:	9:25.30 40.43			
	150m:	1:56.50 40.38	350m:	4:40.75 41.45	550m:	7:23.62 40.79	750m:	10:05.15 39.85			
	200m:	2:37.30 40.80	400m:	5:21.37 40.62	600m:	8:04.19 40.57	800m:	10:43.87 38.72			
6.	Seidlová Alica		03	Nereus Žilina						<b>10:55.44</b>	391
	50m:	36.44 36.44	250m:	3:17.58 40.61	450m:	6:03.83 41.58	650m:	8:53.19 41.79			
	100m:	1:15.75 39.31	300m:	3:58.50 40.92	500m:	6:45.79 41.96	700m:	9:35.12 41.93			
	150m:	1:56.12 40.37	350m:	4:40.58 42.08	550m:	7:28.40 42.61	750m:	10:17.55 42.43			
	200m:	2:36.97 40.85	400m:	5:22.25 41.67	600m:	8:11.40 43.00	800m:	10:55.44 37.89			
7.	Su áková Lucia		03	MPKDK						<b>11:07.75</b>	369
	50m:	37.53 37.53	250m:	3:23.72 42.36	450m:	6:14.03 42.81	650m:	9:04.93 42.50			
	100m:	1:17.82 40.29	300m:	4:06.00 42.28	500m:	6:56.75 42.72	700m:	9:47.25 42.32			
	150m:	1:59.18 41.36	350m:	4:48.43 42.43	550m:	7:39.50 42.75	750m:	10:29.22 41.97			
	200m:	2:41.36 42.18	400m:	5:31.22 42.79	600m:	8:22.43 42.93	800m:	11:07.75 38.53			
8.	Štangová Ema		03	MPKPD						<b>11:07.88</b>	369
	50m:	37.20 37.20	250m:	3:23.63 42.32	450m:	6:13.70 42.82	650m:	9:02.95 41.92			
	100m:	1:17.84 40.64	300m:	4:05.98 42.35	500m:	6:56.63 42.93	700m:	9:45.48 42.53			
	150m:	1:59.13 41.29	350m:	4:47.80 41.82	550m:	7:38.88 42.25	750m:	10:26.84 41.36			
	200m:	2:41.31 42.18	400m:	5:30.88 43.08	600m:	8:21.03 42.15	800m:	11:07.88 41.04			
9.	Slivková Veronika		04	FLIPPER Brezno						<b>11:12.53</b>	362
	50m:	36.75 36.75	250m:	3:21.31 41.78	450m:	6:13.28 43.50	650m:	9:08.06 43.38			
	100m:	1:16.53 39.78	300m:	4:03.81 42.50	500m:	6:56.89 43.61	700m:	9:52.21 44.15			
	150m:	1:57.68 41.15	350m:	4:46.78 42.97	550m:	7:41.06 44.17	750m:	10:34.71 42.50			
	200m:	2:39.53 41.85	400m:	5:29.78 43.00	600m:	8:24.68 43.62	800m:	11:12.53 37.82			
10.	Jankovi ová Dominika		04	Nereus Žilina						<b>11:12.75</b>	361
	50m:	37.53 37.53	250m:	3:27.45 43.08	450m:	6:20.25 43.38	650m:	9:11.17 42.42			
	100m:	1:19.28 41.75	300m:	4:11.35 43.90	500m:	7:04.01 43.76	700m:	9:53.46 42.29			
	150m:	2:01.66 42.38	350m:	4:54.09 42.74	550m:	7:47.01 43.00	750m:	10:35.37 41.91			
	200m:	2:44.37 42.71	400m:	5:36.87 42.78	600m:	8:28.75 41.74	800m:	11:12.75 37.38			
11.	Foltínová Kristína		04	MPKDK						<b>11:15.10</b>	357
	50m:	37.23 37.23	250m:	3:25.14 43.06	450m:	6:16.82 42.90	650m:	9:09.27 43.24			
	100m:	1:17.35 40.12	300m:	4:07.87 42.73	500m:	7:00.36 43.54	700m:	9:51.35 42.08			
	150m:	1:59.06 41.71	350m:	4:51.12 43.25	550m:	7:43.30 42.94	750m:	10:34.13 42.78			
	200m:	2:42.08 43.02	400m:	5:33.92 42.80	600m:	8:26.03 42.73	800m:	11:15.10 40.97			
12.	Jan árová Margaréta		03	PKMA						<b>11:19.09</b>	351
	50m:	37.13 37.13	250m:	3:24.94 42.92	450m:	6:17.77 43.36	650m:	9:11.79 43.74			
	100m:	1:17.95 40.82	300m:	4:07.82 42.88	500m:	7:01.41 43.64	700m:	9:55.64 43.85			
	150m:	2:00.13 42.18	350m:	4:50.89 43.07	550m:	7:44.86 43.45	750m:	10:38.67 43.03			
	200m:	2:42.02 41.89	400m:	5:34.41 43.52	600m:	8:28.05 43.19	800m:	11:19.09 40.42			
13.	Machajová Tatiana		04	TT Dolný Kubín						<b>11:28.98</b>	336
	50m:	38.02 38.02	250m:	3:29.66 43.40	450m:	6:24.22 44.17	650m:	9:18.55 43.00			
	100m:	1:20.23 42.21	300m:	4:12.76 43.10	500m:	7:07.41 43.19	700m:	10:01.69 43.14			
	150m:	2:02.69 42.46	350m:	4:56.32 43.56	550m:	7:51.69 44.28	750m:	10:44.26 42.57			
	200m:	2:46.26 43.57	400m:	5:40.05 43.73	600m:	8:35.55 43.86	800m:	11:28.98 44.72			

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 4, žia ky, 800m vo ný spôsob, 14 - 15 ro .

por.			Ro .			as			body
14.	Vojtková Eva		04	MPKPD			<b>11:33.12</b>		330
	50m:	38.09 38.09	250m:	3:31.87 43.88	450m:	6:29.96 41.65	650m:	9:24.87 43.52	
	100m:	1:20.82 42.73	300m:	4:14.35 42.48	500m:	7:14.37 44.41	700m:	10:09.56 44.69	
	150m:	2:04.16 43.34	350m:	5:01.13 46.78	550m:	7:58.25 43.88	750m:	10:52.72 43.16	
	200m:	2:47.99 43.83	400m:	5:48.31 47.18	600m:	8:41.35 43.10	800m:	11:33.12 40.40	
15.	Manga Nina		03	Nereus Žilina			<b>11:37.28</b>		324
	50m:	36.57 36.57	250m:	3:25.46 43.52	450m:	6:23.83 44.66	650m:	9:27.35 45.31	
	100m:	1:16.89 40.32	300m:	4:09.96 44.50	500m:	7:09.89 46.06	700m:	10:11.88 44.53	
	150m:	1:59.33 42.44	350m:	4:54.77 44.81	550m:	7:55.98 46.09	750m:	10:56.40 44.52	
	200m:	2:41.94 42.61	400m:	5:39.17 44.40	600m:	8:42.04 46.06	800m:	11:37.28 40.88	
16.	Vraniaková Vanessa		03	FLIPPER Brezno			<b>11:41.31</b>		319
	50m:	38.06 38.06	250m:	3:33.68 44.32	450m:	6:32.25 43.72	650m:	9:31.75 45.22	
	100m:	1:20.89 42.83	300m:	4:19.06 45.38	500m:	7:16.81 44.56	700m:	10:16.81 45.06	
	150m:	2:04.86 43.97	350m:	5:04.36 45.30	550m:	8:01.78 44.97	750m:	11:00.71 43.90	
	200m:	2:49.36 44.50	400m:	5:48.53 44.17	600m:	8:46.53 44.75	800m:	11:41.31 40.60	
17.	Katreniaková Zuzana		04	MPKDK			<b>11:45.84</b>		313
	50m:	38.37 38.37	250m:	3:32.55 44.08	450m:	6:32.30 45.33	650m:	9:32.22 44.88	
	100m:	1:20.44 42.07	300m:	4:17.19 44.64	500m:	7:18.09 45.79	700m:	10:17.59 45.37	
	150m:	2:04.02 43.58	350m:	5:02.37 45.18	550m:	8:02.47 44.38	750m:	11:01.87 44.28	
	200m:	2:48.47 44.45	400m:	5:46.97 44.60	600m:	8:47.34 44.87	800m:	11:45.84 43.97	
18.	Dulíková Klára		04	MPKDK			<b>11:56.41</b>		299
	50m:	39.48 39.48	250m:	3:36.50 44.92	450m:	6:39.26 46.15	650m:	9:41.76 45.23	
	100m:	1:22.36 42.88	300m:	4:21.79 45.29	500m:	7:24.88 45.62	700m:	10:28.26 46.50	
	150m:	2:06.94 44.58	350m:	5:07.77 45.98	550m:	8:10.07 45.19	750m:	11:13.86 45.60	
	200m:	2:51.58 44.64	400m:	5:53.11 45.34	600m:	8:56.53 46.46	800m:	11:56.41 42.55	
19.	Ihnatišinová Nina		03	Nereus Žilina			<b>12:05.14</b>		288
	50m:	38.75 38.75	250m:	3:37.18 45.73	450m:	6:42.86 46.50	650m:	9:49.29 47.46	
	100m:	1:21.55 42.80	300m:	4:23.26 46.08	500m:	7:29.03 46.17	700m:	10:34.84 45.55	
	150m:	2:06.43 44.88	350m:	5:09.29 46.03	550m:	8:15.72 46.69	750m:	11:21.70 46.86	
	200m:	2:51.45 45.02	400m:	5:56.36 47.07	600m:	9:01.83 46.11	800m:	12:05.14 43.44	
20.	Trepá ová Alexandra		03	MPKPD			<b>12:47.49</b>		243
	50m:	41.32 41.32	250m:	3:54.39 49.24	450m:	7:08.08 49.17	650m:	10:23.06 49.72	
	100m:	1:28.04 46.72	300m:	4:43.94 49.55	500m:	7:57.62 49.54	700m:	11:13.90 50.84	
	150m:	2:16.13 48.09	350m:	5:31.36 47.42	550m:	8:47.87 50.25	750m:	12:02.98 49.08	
	200m:	3:05.15 49.02	400m:	6:18.91 47.55	600m:	9:33.34 45.47	800m:	12:47.49 44.51	
21.	Kostrová Nina		03	MPKPD			<b>13:32.78</b>		205
	50m:	40.57 40.57	250m:	3:57.23 50.48	450m:	7:23.77 51.69	650m:	10:57.59 53.45	
	100m:	1:27.19 46.62	300m:	4:48.21 50.98	500m:	8:17.71 53.94	700m:	11:50.30 52.71	
	150m:	2:16.54 49.35	350m:	5:40.27 52.06	550m:	9:10.47 52.76	750m:	12:42.53 52.23	
	200m:	3:06.75 50.21	400m:	6:32.08 51.81	600m:	10:04.14 53.67	800m:	13:32.78 50.25	
choroba	Marjaková Nikola		04	PK Žabka adca					

16 - 17 ro .

1.	Ftá iková Veronika		02	Nereus Žilina			<b>10:22.90</b>		455
	50m:	35.87 35.87	250m:	3:12.23 39.43	450m:	5:49.52 39.77	650m:	8:25.06 39.03	
	100m:	1:14.25 38.38	300m:	3:51.77 39.54	500m:	6:27.60 38.08	700m:	9:04.77 39.71	
	150m:	1:53.31 39.06	350m:	4:30.84 39.07	550m:	7:06.66 39.06	750m:	9:44.19 39.42	
	200m:	2:32.80 39.49	400m:	5:09.75 38.91	600m:	7:46.03 39.37	800m:	10:22.90 38.71	
2.	Bošková Lívia		02	Nereus Žilina			<b>11:28.79</b>		337
	50m:	37.12 37.12	250m:	3:28.32 43.97	450m:	6:23.60 43.95	650m:	9:19.32 44.02	
	100m:	1:18.45 41.33	300m:	4:11.94 43.62	500m:	7:07.03 43.43	700m:	10:03.34 44.02	
	150m:	2:00.76 42.31	350m:	4:55.60 43.66	550m:	7:50.93 43.90	750m:	10:46.00 42.66	
	200m:	2:44.35 43.59	400m:	5:39.65 44.05	600m:	8:35.30 44.37	800m:	11:28.79 42.79	
3.	Mjartanová Katarína		02	MPKDK			<b>11:48.64</b>		309
	50m:	38.17 38.17	250m:	3:33.06 44.51	450m:	6:33.95 45.43	650m:	9:34.32 45.22	
	100m:	1:20.34 42.17	300m:	4:18.07 45.01	500m:	7:18.64 44.69	700m:	10:19.63 45.31	
	150m:	2:04.09 43.75	350m:	5:03.02 44.95	550m:	8:03.64 45.00	750m:	11:06.71 47.08	
	200m:	2:48.55 44.46	400m:	5:48.52 45.50	600m:	8:49.10 45.46	800m:	11:48.64 41.93	

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 4, ženy, 800m vo ný spôsob, 16 - 17 ro .

por.			Ro .					as	body			
4.	Lokajová Janka		01	Nereus Žilina				<b>12:22.44</b>	269			
	50m:	39.41	39.41	250m:	3:42.71	46.66	450m:	6:53.70	48.21	650m:	10:04.64	47.82
	100m:	1:24.18	44.77	300m:	4:30.36	47.65	500m:	7:41.19	47.49	700m:	10:52.19	47.55
	150m:	2:09.85	45.67	350m:	5:18.10	47.74	550m:	8:28.94	47.75	750m:	11:39.05	46.86
	200m:	2:56.05	46.20	400m:	6:05.49	47.39	600m:	9:16.82	47.88	800m:	12:22.44	43.39
5.	Knapeková Lucia		01	MPKPD				<b>13:30.21</b>	207			
	50m:	43.19	43.19	250m:	3:58.87	49.65	450m:	7:24.03	51.50	650m:	10:54.03	52.07
	100m:	1:30.72	47.53	300m:	4:49.65	50.78	500m:	8:16.81	52.78	700m:	11:46.21	52.18
	150m:	2:19.50	48.78	350m:	5:40.34	50.69	550m:	9:02.79	45.98	750m:	12:38.57	52.36
	200m:	3:09.22	49.72	400m:	6:32.53	52.19	600m:	10:01.96	59.17	800m:	13:30.21	51.64

18 ro . a st.

1.	Balogová Nina		00	Nereus Žilina				<b>10:28.47</b>	443			
	50m:	36.07	36.07	250m:	3:12.15	39.40	450m:	5:50.00	39.75	650m:	8:31.50	40.78
	100m:	1:15.00	38.93	300m:	3:51.61	39.46	500m:	6:29.82	39.82	700m:	9:11.28	39.78
	150m:	1:53.78	38.78	350m:	4:30.90	39.29	550m:	7:10.11	40.29	750m:	9:50.28	39.00
	200m:	2:32.75	38.97	400m:	5:10.25	39.35	600m:	7:50.72	40.61	800m:	10:28.47	38.19

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

2 - 17. február 2018

17.02.2018 - 15:00

disciplína 5  
17.02.2018 - 15:00

muži, 1500m vo ný spôsob

13 ro . a st.  
Výsledky

bodovanie: FINA 2017

por.			Ro .			as	body	
13 ro .								
1.	Ochaba Dalibor		05	Po Ružomberok		<b>23:41.98</b>	212	
	50m: 41.37	41.37	450m: 7:01.05	47.93	850m: 13:28.05	48.43	1250m: 19:53.25	47.70
	100m: 1:26.75	45.38	500m: 7:49.72	48.67	900m: 14:16.72	48.67	1300m: 20:40.44	47.19
	150m: 2:13.94	47.19	550m: 8:38.90	49.18	950m: 15:04.00	47.28	1350m: 21:26.90	46.46
	200m: 3:02.25	48.31	600m: 9:27.62	48.72	1000m: 15:52.33	48.33	1400m: 22:13.22	46.32
	250m: 3:50.50	48.25	650m: 10:16.55	48.93	1050m: 16:42.22	49.89	1450m: 22:58.62	45.40
	300m: 4:38.58	48.08	700m: 11:02.87	46.32	1100m: 17:30.12	47.90	1500m: 23:41.98	43.36
	350m: 5:25.00	46.42	750m: 11:51.62	48.75	1150m: 18:18.33	48.21		
	400m: 6:13.12	48.12	800m: 12:39.62	48.00	1200m: 19:05.55	47.22		

14 ro .

1.	Lizák Filip		04	MPKDK		<b>19:36.91</b>	374	
	50m: 34.15	34.15	450m: 5:45.66	39.82	850m: 11:04.48	40.07	1250m: 16:22.31	39.50
	100m: 1:11.66	37.51	500m: 6:25.38	39.72	900m: 11:44.59	40.11	1300m: 17:01.91	39.60
	150m: 1:50.16	38.50	550m: 7:05.41	40.03	950m: 12:24.38	39.79	1350m: 17:41.49	39.58
	200m: 2:28.66	38.50	600m: 7:44.91	39.50	1000m: 13:04.73	40.35	1400m: 18:20.13	38.64
	250m: 3:07.66	39.00	650m: 8:24.48	39.57	1050m: 13:44.66	39.93	1450m: 18:59.91	39.78
	300m: 3:46.91	39.25	700m: 9:03.91	39.43	1100m: 14:24.38	39.72	1500m: 19:36.91	37.00
	350m: 4:26.87	39.96	750m: 9:44.31	40.40	1150m: 15:03.66	39.28		
	400m: 5:05.84	38.97	800m: 10:24.41	40.10	1200m: 15:42.81	39.15		
2.	Antol Adam		04	Po Ružomberok		<b>20:24.36</b>	332	
	50m: 36.18	36.18	450m: 6:10.43	42.25	850m: 11:41.18	41.18	1250m: 17:05.90	42.04
	100m: 1:15.82	39.64	500m: 6:51.93	41.50	900m: 12:21.47	40.29	1300m: 17:47.97	42.07
	150m: 1:57.40	41.58	550m: 7:33.86	41.93	950m: 13:02.03	40.56	1350m: 18:29.78	41.81
	200m: 2:39.28	41.88	600m: 8:14.57	40.71	1000m: 13:43.11	41.08	1400m: 19:09.65	39.87
	250m: 3:21.28	42.00	650m: 8:56.00	41.43	1050m: 14:23.36	40.25	1450m: 19:49.90	40.25
	300m: 4:03.57	42.29	700m: 9:37.11	41.11	1100m: 15:03.90	40.54	1500m: 20:24.36	34.46
	350m: 4:45.25	41.68	750m: 10:18.32	41.21	1150m: 15:43.61	39.71		
	400m: 5:28.18	42.93	800m: 11:00.00	41.68	1200m: 16:23.86	40.25		

15 - 16 ro .

1.	Beluš Adrián		02	Po Ružomberok		<b>18:39.20</b>	435	
	50m: 33.17	33.17	450m: 5:28.70	37.32	850m: 10:32.42	37.86	1250m: 15:34.56	37.96
	100m: 1:09.25	36.08	500m: 6:06.20	37.50	900m: 11:10.38	37.96	1300m: 16:12.20	37.64
	150m: 1:46.20	36.95	550m: 6:44.10	37.90	950m: 11:48.13	37.75	1350m: 16:49.67	37.47
	200m: 2:22.42	36.22	600m: 7:21.70	37.60	1000m: 12:25.60	37.47	1400m: 17:26.81	37.14
	250m: 2:59.35	36.93	650m: 7:59.35	37.65	1050m: 13:02.99	37.39	1450m: 18:03.92	37.11
	300m: 3:36.74	37.39	700m: 8:37.49	38.14	1100m: 13:41.10	38.11	1500m: 18:39.20	35.28
	350m: 4:14.25	37.51	750m: 9:15.27	37.78	1150m: 14:18.81	37.71		
	400m: 4:51.38	37.13	800m: 9:54.56	39.29	1200m: 14:56.60	37.79		
2.	Porubec Urban		02	Nereus Žilina		<b>18:52.24</b>	420	
	50m: 34.43	34.43	450m: 5:39.53	38.33	850m: 10:44.42	38.02	1250m: 15:51.36	37.61
	100m: 1:11.29	36.86	500m: 6:17.57	38.04	900m: 11:22.70	38.28	1300m: 16:28.77	37.41
	150m: 1:48.78	37.49	550m: 6:56.43	38.86	950m: 12:00.95	38.25	1350m: 17:05.94	37.17
	200m: 2:27.03	38.25	600m: 7:34.53	38.10	1000m: 12:40.01	39.06	1400m: 17:43.29	37.35
	250m: 3:05.31	38.28	650m: 8:12.69	38.16	1050m: 13:18.47	38.46	1450m: 18:19.73	36.44
	300m: 3:44.03	38.72	700m: 8:50.62	37.93	1100m: 13:56.89	38.42	1500m: 18:52.24	32.51
	350m: 4:22.58	38.55	750m: 9:28.75	38.13	1150m: 14:35.24	38.35		
	400m: 5:01.20	38.62	800m: 10:06.40	37.65	1200m: 15:13.75	38.51		

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 5, žiaci, 1500m vo ný spôsob, 15 - 16 ro .

por.			Ro .			as	body	
3.	Ftorek Roman		03	Nereus Žilina		<b>18:55.94</b>	416	
	50m:	34.69 34.69	450m:	5:40.00 38.28	850m:	10:44.83 37.18	1250m:	15:52.47 37.75
	100m:	1:11.19 36.50	500m:	6:17.97 37.97	900m:	11:23.62 38.79	1300m:	16:30.05 37.58
	150m:	1:48.83 37.64	550m:	6:56.72 38.75	950m:	12:02.25 38.63	1350m:	17:07.47 37.42
	200m:	2:27.58 38.75	600m:	7:35.12 38.40	1000m:	12:40.72 38.47	1400m:	17:45.05 37.58
	250m:	3:05.37 37.79	650m:	8:13.15 38.03	1050m:	13:19.33 38.61	1450m:	18:21.87 36.82
	300m:	3:44.12 38.75	700m:	8:51.15 38.00	1100m:	13:57.94 38.61	1500m:	18:55.94 34.07
	350m:	4:22.83 38.71	750m:	9:29.40 38.25	1150m:	14:35.97 38.03		
	400m:	5:01.72 38.89	800m:	10:07.65 38.25	1200m:	15:14.72 38.75		
4.	Hrivnák Michal		03	PKMA		<b>20:36.30</b>	322	
	50m:	35.68 35.68	450m:	6:10.21 41.82	850m:	11:44.17 41.69	1250m:	17:16.34 41.47
	100m:	1:15.42 39.74	500m:	6:51.76 41.55	900m:	12:26.67 42.50	1300m:	17:57.17 40.83
	150m:	1:57.49 42.07	550m:	7:33.89 42.13	950m:	13:07.18 40.51	1350m:	18:38.33 41.16
	200m:	2:39.39 41.90	600m:	8:15.53 41.64	1000m:	13:48.33 41.15	1400m:	19:18.89 40.56
	250m:	3:21.59 42.20	650m:	8:57.63 42.10	1050m:	14:29.79 41.46	1450m:	19:59.51 40.62
	300m:	4:03.61 42.02	700m:	9:39.07 41.44	1100m:	15:11.54 41.75	1500m:	20:36.30 36.79
	350m:	4:45.64 42.03	750m:	10:20.68 41.61	1150m:	15:53.15 41.61		
	400m:	5:28.39 42.75	800m:	11:02.48 41.80	1200m:	16:34.87 41.72		
5.	Zliechovec Dávid		02	Po Ružomberok		<b>20:47.17</b>	314	
	50m:	34.50 34.50	450m:	6:04.64 42.40	850m:	11:44.09 42.79	1250m:	17:20.76 41.55
	100m:	1:12.34 37.84	500m:	6:46.21 41.57	900m:	12:26.85 42.76	1300m:	18:02.42 41.66
	150m:	1:52.45 40.11	550m:	7:29.17 42.96	950m:	13:09.82 42.97	1350m:	18:44.09 41.67
	200m:	2:33.69 41.24	600m:	8:11.50 42.33	1000m:	13:51.74 41.92	1400m:	19:26.32 42.23
	250m:	3:15.62 41.93	650m:	8:53.58 42.08	1050m:	14:34.05 42.31	1450m:	20:07.88 41.56
	300m:	3:58.19 42.57	700m:	9:35.66 42.08	1100m:	15:15.68 41.63	1500m:	20:47.17 39.29
	350m:	4:39.78 41.59	750m:	10:18.89 43.23	1150m:	15:57.67 41.99		
	400m:	5:22.24 42.46	800m:	11:01.30 42.41	1200m:	16:39.21 41.54		
6.	Ferjanc Radoslav		03	Po Ružomberok		<b>20:48.76</b>	313	
	50m:	35.99 35.99	450m:	6:10.96 42.59	850m:	11:45.38 42.38	1250m:	17:24.21 41.97
	100m:	1:15.89 39.90	500m:	6:52.13 41.17	900m:	12:27.98 42.60	1300m:	18:06.45 42.24
	150m:	1:52.08 36.19	550m:	7:34.81 42.68	950m:	13:10.12 42.14	1350m:	18:48.48 42.03
	200m:	2:39.16 47.08	600m:	8:15.41 40.60	1000m:	13:53.79 43.67	1400m:	19:30.58 42.10
	250m:	3:21.42 42.26	650m:	8:57.22 41.81	1050m:	14:36.46 42.67	1450m:	20:10.29 39.71
	300m:	4:03.73 42.31	700m:	9:39.31 42.09	1100m:	15:18.36 41.90	1500m:	20:48.76 38.47
	350m:	4:45.46 41.73	750m:	10:20.75 41.44	1150m:	16:00.26 41.90		
	400m:	5:28.37 42.91	800m:	11:03.00 42.25	1200m:	16:42.24 41.98		
7.	Mesároš Matej		03	MPKDK		<b>21:06.53</b>	300	
	50m:	35.58 35.58	450m:	6:14.36 43.36	850m:	11:56.86 43.11	1250m:	17:39.18 42.96
	100m:	1:16.61 41.03	500m:	6:57.47 43.11	900m:	12:39.97 43.11	1300m:	18:21.72 42.54
	150m:	1:58.22 41.61	550m:	7:40.28 42.81	950m:	13:22.58 42.61	1350m:	19:03.50 41.78
	200m:	2:40.36 42.14	600m:	8:24.00 43.72	1000m:	14:05.86 43.28	1400m:	19:45.15 41.65
	250m:	3:23.08 42.72	650m:	9:06.40 42.40	1050m:	14:49.08 43.22	1450m:	20:26.65 41.50
	300m:	4:05.83 42.75	700m:	9:48.86 42.46	1100m:	15:31.28 42.20	1500m:	21:06.53 39.88
	350m:	4:48.15 42.32	750m:	10:31.15 42.29	1150m:	16:14.43 43.15		
	400m:	5:31.00 42.85	800m:	11:13.75 42.60	1200m:	16:56.22 41.79		
8.	Tiš an Tibor		03	Po Ružomberok		<b>21:27.48</b>	285	
	50m:	36.76 36.76	450m:	6:17.83 43.23	850m:	12:12.29 44.15	1250m:	17:58.65 42.63
	100m:	1:17.10 40.34	500m:	7:01.74 43.91	900m:	12:56.52 44.23	1300m:	18:41.60 42.95
	150m:	1:59.08 41.98	550m:	7:46.11 44.37	950m:	13:41.10 44.58	1350m:	19:24.22 42.62
	200m:	2:41.32 42.24	600m:	8:30.19 44.08	1000m:	14:23.76 42.66	1400m:	20:06.07 41.85
	250m:	3:23.81 42.49	650m:	9:15.58 45.39	1050m:	15:06.88 43.12	1450m:	20:47.31 41.24
	300m:	4:06.89 43.08	700m:	9:59.70 44.12	1100m:	15:49.88 43.00	1500m:	21:27.48 40.17
	350m:	4:50.61 43.72	750m:	10:43.85 44.15	1150m:	16:33.27 43.39		
	400m:	5:34.60 43.99	800m:	11:28.14 44.29	1200m:	17:16.02 42.75		

17 - 18 ro .

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 5, žiaci, 1500m vo ný spôsob, 17 - 18 ro .

por.			Ro .			as			body			
1.	Hrabovský Adam		00	PKMA		<b>17:38.75</b>			513			
	50m:	32.61	32.61	450m:	5:18.40	35.72	850m:	10:03.22	35.04	1250m:	14:45.90	35.18
	100m:	1:08.00	35.39	500m:	5:54.18	35.78	900m:	10:39.15	35.93	1300m:	15:21.36	35.46
	150m:	1:43.97	35.97	550m:	6:30.00	35.82	950m:	11:14.61	35.46	1350m:	15:56.00	34.64
	200m:	2:19.68	35.71	600m:	7:05.72	35.72	1000m:	11:49.78	35.17	1400m:	16:31.15	35.15
	250m:	2:55.36	35.68	650m:	7:41.57	35.85	1050m:	12:24.72	34.94	1450m:	17:05.93	34.78
	300m:	3:31.36	36.00	700m:	8:16.86	35.29	1100m:	13:00.03	35.31	1500m:	17:38.75	32.82
	350m:	4:06.75	35.39	750m:	8:52.65	35.79	1150m:	13:35.40	35.37			
	400m:	4:42.68	35.93	800m:	9:28.18	35.53	1200m:	14:10.72	35.32			
2.	Strnad Jakub		01	Nereus Žilina		<b>18:27.94</b>			448			
	50m:	33.51	33.51	450m:	5:24.84	36.71	850m:	10:23.19	37.35	1250m:	15:22.44	37.50
	100m:	1:09.91	36.40	500m:	6:01.98	37.14	900m:	11:00.73	37.54	1300m:	15:59.44	37.00
	150m:	1:45.73	35.82	550m:	6:39.06	37.08	950m:	11:37.69	36.96	1350m:	16:36.48	37.04
	200m:	2:22.13	36.40	600m:	7:16.38	37.32	1000m:	12:14.84	37.15	1400m:	17:13.81	37.33
	250m:	2:58.38	36.25	650m:	7:53.63	37.25	1050m:	12:52.41	37.57	1450m:	17:51.09	37.28
	300m:	3:34.81	36.43	700m:	8:30.91	37.28	1100m:	13:30.09	37.68	1500m:	18:27.94	36.85
	350m:	4:11.63	36.82	750m:	9:08.44	37.53	1150m:	14:07.41	37.32			
	400m:	4:48.13	36.50	800m:	9:45.84	37.40	1200m:	14:44.94	37.53			
3.	Súkeník Jozef		00	Nereus Žilina		<b>19:37.81</b>			373			
	50m:	33.67	33.67	450m:	5:41.97	39.79	850m:	10:58.20	40.08	1250m:	16:20.28	39.76
	100m:	1:10.64	36.97	500m:	6:21.33	39.36	900m:	11:38.01	39.81	1300m:	17:00.22	39.94
	150m:	1:48.44	37.80	550m:	7:00.82	39.49	950m:	12:18.21	40.20	1350m:	17:40.24	40.02
	200m:	2:26.62	38.18	600m:	7:40.31	39.49	1000m:	12:58.58	40.37	1400m:	18:20.32	40.08
	250m:	3:05.64	39.02	650m:	8:19.96	39.65	1050m:	13:38.99	40.41	1450m:	19:00.01	39.69
	300m:	3:44.45	38.81	700m:	8:58.88	38.92	1100m:	14:19.62	40.63	1500m:	19:37.81	37.80
	350m:	4:23.00	38.55	750m:	9:38.50	39.62	1150m:	15:00.41	40.79			
	400m:	5:02.18	39.18	800m:	10:18.12	39.62	1200m:	15:40.52	40.11			

19 ro . a st.

1.	ernek Adam		99	PKMA		<b>16:22.63</b>			642			
	50m:	31.26	31.26	450m:	4:57.83	33.21	850m:	9:22.19	32.94	1250m:	13:43.82	32.35
	100m:	1:04.74	33.48	500m:	5:30.88	33.05	900m:	9:55.29	33.10	1300m:	14:16.17	32.35
	150m:	1:38.00	33.26	550m:	6:04.11	33.23	950m:	10:28.30	33.01	1350m:	14:48.40	32.23
	200m:	2:11.78	33.78	600m:	6:37.19	33.08	1000m:	11:01.20	32.90	1400m:	15:20.32	31.92
	250m:	2:45.08	33.30	650m:	7:10.43	33.24	1050m:	11:33.72	32.52	1450m:	15:52.29	31.97
	300m:	3:18.13	33.05	700m:	7:43.31	32.88	1100m:	12:06.29	32.57	1500m:	16:22.63	30.34
	350m:	3:51.60	33.47	750m:	8:16.33	33.02	1150m:	12:38.89	32.60			
	400m:	4:24.62	33.02	800m:	8:49.25	32.92	1200m:	13:11.47	32.58			
2.	Gordík Jakub		98	Nereus Žilina		<b>17:13.46</b>			552			
	50m:	31.46	31.46	450m:	5:02.64	34.30	850m:	9:40.84	35.00	1250m:	14:21.92	35.39
	100m:	1:04.89	33.43	500m:	5:37.09	34.45	900m:	10:15.99	35.15	1300m:	14:56.81	34.89
	150m:	1:38.81	33.92	550m:	6:11.31	34.22	950m:	10:51.17	35.18	1350m:	15:32.17	35.36
	200m:	2:13.09	34.28	600m:	6:46.42	35.11	1000m:	11:26.07	34.90	1400m:	16:06.96	34.79
	250m:	2:47.06	33.97	650m:	7:20.92	34.50	1050m:	12:01.21	35.14	1450m:	16:41.03	34.07
	300m:	3:20.81	33.75	700m:	7:55.78	34.86	1100m:	12:35.99	34.78	1500m:	17:13.46	32.43
	350m:	3:54.71	33.90	750m:	8:30.84	35.06	1150m:	13:11.53	35.54			
	400m:	4:28.34	33.63	800m:	9:05.84	35.00	1200m:	13:46.53	35.00			
3.	Tomkuliak Martin		90	TT Dolný Kubín		<b>22:06.47</b>			261			
	50m:	35.58	35.58	450m:	6:21.78	44.96	850m:	12:24.49	45.33	1250m:	18:26.69	45.31
	100m:	1:15.48	39.90	500m:	7:07.23	45.45	900m:	13:10.43	45.94	1300m:	19:11.20	44.51
	150m:	1:57.42	41.94	550m:	7:52.34	45.11	950m:	13:54.96	44.53	1350m:	19:55.46	44.26
	200m:	2:39.76	42.34	600m:	8:37.66	45.32	1000m:	14:39.92	44.96	1400m:	20:40.31	44.85
	250m:	3:23.37	43.61	650m:	9:22.77	45.11	1050m:	15:24.83	44.91	1450m:	21:24.32	44.01
	300m:	4:07.42	44.05	700m:	10:08.06	45.29	1100m:	16:10.47	45.64	1500m:	22:06.47	42.15
	350m:	4:51.84	44.42	750m:	10:53.98	45.92	1150m:	16:56.18	45.71			
	400m:	5:36.82	44.98	800m:	11:39.16	45.18	1200m:	17:41.38	45.20			

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 6  
17.02.2018 - 15:43

ženy, 1500m vo vlny spôsob

12 ro . a st.  
Výsledky

bodovanie: FINA 2017

por.			Ro .			as	body	
12 ro .								
1.	Palovi ová Alica		06	PKMA		<b>21:05.63</b>	383	
	50m:	38.20 38.20	450m:	6:09.59 41.86	850m:	11:49.56 42.33	1250m:	17:34.16 43.38
	100m:	1:19.66 41.46	500m:	6:51.80 42.21	900m:	12:33.41 43.85	1300m:	18:17.28 43.12
	150m:	2:00.70 41.04	550m:	7:33.88 42.08	950m:	13:16.23 42.82	1350m:	19:00.16 42.88
	200m:	2:41.45 40.75	600m:	8:16.28 42.40	1000m:	13:58.68 42.45	1400m:	19:42.98 42.82
	250m:	3:22.63 41.18	650m:	8:58.80 42.52	1050m:	14:41.98 43.30	1450m:	20:26.16 43.18
	300m:	4:04.41 41.78	700m:	9:42.16 43.36	1100m:	15:24.95 42.97	1500m:	21:05.63 39.47
	350m:	4:46.28 41.87	750m:	10:25.06 42.90	1150m:	16:07.80 42.85		
	400m:	5:27.73 41.45	800m:	11:07.23 42.17	1200m:	16:50.78 42.98		
2.	Gruha áková Laura		06	PKMA		<b>21:36.47</b>	356	
	50m:	40.24 40.24	450m:	6:33.86 43.22	850m:	12:15.52 42.88	1250m:	18:03.86 43.92
	100m:	1:24.69 44.45	500m:	7:16.63 42.77	900m:	12:58.71 43.19	1300m:	18:46.81 42.95
	150m:	2:08.99 44.30	550m:	7:59.73 43.10	950m:	13:42.10 43.39	1350m:	19:29.67 42.86
	200m:	2:53.52 44.53	600m:	8:42.32 42.59	1000m:	14:25.13 43.03	1400m:	20:13.29 43.62
	250m:	3:37.55 44.03	650m:	9:24.97 42.65	1050m:	15:08.98 43.85	1450m:	20:56.83 43.54
	300m:	4:21.90 44.35	700m:	10:07.45 42.48	1100m:	15:52.50 43.52	1500m:	21:36.47 39.64
	350m:	5:06.23 44.33	750m:	10:50.40 42.95	1150m:	16:36.21 43.71		
	400m:	5:50.64 44.41	800m:	11:32.64 42.24	1200m:	17:19.94 43.73		
3.	Nováková Jasmína		06	Po Ružomberok		<b>26:33.66</b>	192	
	50m:	42.97 42.97	450m:	7:49.16 54.07	850m:	15:07.47 55.78	1250m:	22:16.16 53.32
	100m:	1:32.72 49.75	500m:	8:43.90 54.74	900m:	16:01.55 54.08	1300m:	23:08.32 52.16
	150m:	2:24.37 51.65	550m:	9:39.69 55.79	950m:	16:54.13 52.58	1350m:	24:00.85 52.53
	200m:	3:17.50 53.13	600m:	10:34.42 54.73	1000m:	17:47.24 53.11	1400m:	24:53.44 52.59
	250m:	4:11.42 53.92	650m:	11:28.91 54.49	1050m:	18:40.94 53.70	1450m:	25:45.89 52.45
	300m:	5:05.70 54.28	700m:	12:23.16 54.25	1100m:	19:35.70 54.76	1500m:	26:33.66 47.77
	350m:	6:01.07 55.37	750m:	13:17.46 54.30	1150m:	20:29.24 53.54		
	400m:	6:55.09 54.02	800m:	14:11.69 54.23	1200m:	21:22.84 53.60		
13 ro .								
1.	Blašková Alexandra		05	Po Ružomberok		<b>23:07.09</b>	291	
	50m:	40.22 40.22	450m:	6:50.98 48.18	850m:	13:04.59 47.47	1250m:	19:21.53 46.29
	100m:	1:25.03 44.81	500m:	7:39.29 48.31	900m:	13:51.90 47.31	1300m:	20:08.32 46.79
	150m:	2:09.51 44.48	550m:	8:25.74 46.45	950m:	14:38.53 46.63	1350m:	20:54.68 46.36
	200m:	2:54.17 44.66	600m:	9:11.35 45.61	1000m:	15:25.57 47.04	1400m:	21:39.79 45.11
	250m:	3:39.28 45.11	650m:	9:58.74 47.39	1050m:	16:12.40 46.83	1450m:	22:24.94 45.15
	300m:	4:26.64 47.36	700m:	10:45.08 46.34	1100m:	16:59.71 47.31	1500m:	23:07.09 42.15
	350m:	5:14.80 48.16	750m:	11:32.01 46.93	1150m:	17:47.36 47.65		
	400m:	6:02.80 48.00	800m:	12:17.12 45.11	1200m:	18:35.24 47.88		
14 - 15 ro .								
1.	Hodo ová Nina		04	TT Dolný Kubín		<b>18:31.68</b>	566	
	50m:	33.84 33.84	450m:	5:31.45 37.07	850m:	10:29.34 37.37	1250m:	15:27.60 37.37
	100m:	1:10.53 36.69	500m:	6:08.62 37.17	900m:	11:06.84 37.50	1300m:	16:04.72 37.12
	150m:	1:47.68 37.15	550m:	6:45.66 37.04	950m:	11:44.15 37.31	1350m:	16:42.25 37.53
	200m:	2:25.08 37.40	600m:	7:22.79 37.13	1000m:	12:20.98 36.83	1400m:	17:19.23 36.98
	250m:	3:02.49 37.41	650m:	8:00.43 37.64	1050m:	12:57.98 37.00	1450m:	17:56.00 36.77
	300m:	3:40.11 37.62	700m:	8:37.54 37.11	1100m:	13:35.30 37.32	1500m:	18:31.68 35.68
	350m:	4:17.12 37.01	750m:	9:14.52 36.98	1150m:	14:12.42 37.12		
	400m:	4:54.38 37.26	800m:	9:51.97 37.45	1200m:	14:50.23 37.81		
2.	Majdová Šarka		04	TT Dolný Kubín		<b>19:31.98</b>	483	
	50m:	35.41 35.41	450m:	5:47.16 38.78	850m:	11:00.41 39.15	1250m:	16:16.66 39.50
	100m:	1:13.31 37.90	500m:	6:26.23 39.07	900m:	11:39.87 39.46	1300m:	16:56.16 39.50
	150m:	1:52.26 38.95	550m:	7:05.41 39.18	950m:	12:19.41 39.54	1350m:	17:36.56 40.40
	200m:	2:31.34 39.08	600m:	7:44.63 39.22	1000m:	12:58.84 39.43	1400m:	18:15.91 39.35
	250m:	3:10.31 38.97	650m:	8:23.81 39.18	1050m:	13:37.98 39.14	1450m:	18:54.13 38.22
	300m:	3:49.59 39.28	700m:	9:03.19 39.38	1100m:	14:18.02 40.04	1500m:	19:31.98 37.85
	350m:	4:29.09 39.50	750m:	9:41.51 38.32	1150m:	14:57.34 39.32		
	400m:	5:08.38 39.29	800m:	10:21.26 39.75	1200m:	15:37.16 39.82		

Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 6, žia ky, 1500m vo ný spôsob, 14 - 15 ro .

por.			Ro .			as	body	
3.	Mišíková Alexandra		03	PKMA		<b>19:51.26</b>	460	
	50m:	35.08 35.08	450m:	5:53.12 40.39	850m:	11:13.36 40.00	1250m:	16:32.81 40.67
	100m:	1:14.30 39.22	500m:	6:33.57 40.45	900m:	11:53.62 40.26	1300m:	17:12.06 39.25
	150m:	1:53.56 39.26	550m:	7:13.35 39.78	950m:	12:33.47 39.85	1350m:	17:52.04 39.98
	200m:	2:33.30 39.74	600m:	7:53.07 39.72	1000m:	13:13.27 39.80	1400m:	18:29.50 37.46
	250m:	3:13.17 39.87	650m:	8:33.23 40.16	1050m:	13:52.69 39.42	1450m:	19:11.56 42.06
	300m:	3:52.83 39.66	700m:	9:13.34 40.11	1100m:	14:32.59 39.90	1500m:	19:51.26 39.70
	350m:	4:32.76 39.93	750m:	9:53.54 40.20	1150m:	15:12.31 39.72		
	400m:	5:12.73 39.97	800m:	10:33.36 39.82	1200m:	15:52.14 39.83		
4.	Krivdová Kristína		04	TT Dolný Kubín		<b>20:27.01</b>	421	
	50m:	35.64 35.64	450m:	5:54.96 40.57	850m:	11:24.14 41.00	1250m:	16:57.01 41.36
	100m:	1:14.26 38.62	500m:	6:36.14 41.18	900m:	12:05.24 41.10	1300m:	17:39.15 42.14
	150m:	1:53.80 39.54	550m:	7:17.32 41.18	950m:	12:47.24 42.00	1350m:	18:21.06 41.91
	200m:	2:32.90 39.10	600m:	7:58.11 40.79	1000m:	13:28.05 40.81	1400m:	19:03.59 42.53
	250m:	3:12.88 39.98	650m:	8:39.96 41.85	1050m:	14:08.91 40.86	1450m:	19:46.00 42.41
	300m:	3:53.51 40.63	700m:	9:21.11 41.15	1100m:	14:51.56 42.65	1500m:	20:27.01 41.01
	350m:	4:34.35 40.84	750m:	10:02.72 41.61	1150m:	15:34.17 42.61		
	400m:	5:14.39 40.04	800m:	10:43.14 40.42	1200m:	16:15.65 41.48		
5.	Su áková Lucia		03	MPKDK		<b>20:53.71</b>	394	
	50m:	37.14 37.14	450m:	6:11.74 42.32	850m:	11:49.09 41.88	1250m:	17:27.39 41.72
	100m:	1:17.21 40.07	500m:	6:54.14 42.40	900m:	12:31.56 42.47	1300m:	18:10.21 42.82
	150m:	1:51.67 34.46	550m:	7:36.24 42.10	950m:	13:13.64 42.08	1350m:	18:51.64 41.43
	200m:	2:40.56 48.89	600m:	8:18.49 42.25	1000m:	13:56.42 42.78	1400m:	19:33.24 41.60
	250m:	3:20.74 40.18	650m:	9:00.53 42.04	1050m:	14:38.49 42.07	1450m:	20:14.31 41.07
	300m:	4:04.78 44.04	700m:	9:43.31 42.78	1100m:	15:21.28 42.79	1500m:	20:53.71 39.40
	350m:	4:47.21 42.43	750m:	10:25.24 41.93	1150m:	16:03.31 42.03		
	400m:	5:29.42 42.21	800m:	11:07.21 41.97	1200m:	16:45.67 42.36		
6.	Machajová Tatiana		04	TT Dolný Kubín		<b>21:23.87</b>	367	
	50m:	37.52 37.52	450m:	6:19.60 42.18	850m:	12:09.70 43.14	1250m:	17:50.13 39.82
	100m:	1:19.20 41.68	500m:	7:03.42 43.82	900m:	12:52.95 43.25	1300m:	18:37.20 47.07
	150m:	2:01.17 41.97	550m:	7:47.67 44.25	950m:	13:36.63 43.68	1350m:	19:20.63 43.43
	200m:	2:43.63 42.46	600m:	8:30.95 43.28	1000m:	14:19.27 42.64	1400m:	20:03.77 43.14
	250m:	3:27.03 43.40	650m:	9:15.39 44.44	1050m:	15:02.20 42.93	1450m:	20:45.77 42.00
	300m:	4:09.10 42.07	700m:	9:59.60 44.21	1100m:	15:45.10 42.90	1500m:	21:23.87 38.10
	350m:	4:53.03 43.93	750m:	10:42.60 43.00	1150m:	16:28.42 43.32		
	400m:	5:37.42 44.39	800m:	11:26.56 43.96	1200m:	17:10.31 41.89		
7.	Foltínová Kristína		04	MPKDK		<b>21:38.19</b>	355	
	50m:	37.81 37.81	450m:	5:19.16 44.43	850m:	12:07.76 44.03	1250m:	17:57.44 44.50
	100m:	1:19.41 41.60	500m:	7:03.59 43.07	900m:	12:51.41 43.65	1300m:	18:42.13 44.69
	150m:	2:01.41 42.00	550m:	7:46.66 43.53	950m:	13:35.13 43.78	1350m:	19:26.56 44.43
	200m:	2:44.02 42.61	600m:	8:30.19 43.53	1000m:	14:18.81 43.13	1400m:	20:11.23 44.67
	250m:	3:26.81 42.79	650m:	9:13.59 42.75	1050m:	15:01.94 43.65	1450m:	20:55.02 43.79
	300m:	4:10.18 43.37	700m:	9:56.34 43.82	1100m:	15:45.59 43.57	1500m:	21:38.19 43.17
	350m:	4:53.96 43.78	750m:	10:40.16 43.57	1150m:	16:29.16 43.78		
	400m:	5:36.44 42.48	800m:	11:23.73 43.57	1200m:	17:12.94 43.78		
8.	Ilková Natália		04	Po Ružomberok		<b>22:06.73</b>	333	
	50m:	37.94 37.94	450m:	6:24.69 44.61	850m:	12:26.54 46.06	1250m:	18:25.21 44.03
	100m:	1:19.69 41.75	500m:	7:09.80 45.11	900m:	13:13.05 46.51	1300m:	19:10.10 44.89
	150m:	2:02.58 42.89	550m:	7:54.71 44.91	950m:	13:57.84 44.79	1350m:	19:55.05 44.95
	200m:	2:45.63 43.05	600m:	8:39.31 44.60	1000m:	14:43.97 46.13	1400m:	20:39.64 44.59
	250m:	3:28.68 43.05	650m:	9:23.25 43.94	1050m:	15:29.08 45.11	1450m:	21:23.81 44.17
	300m:	4:12.34 43.66	700m:	10:08.25 45.00	1100m:	16:13.63 44.55	1500m:	22:06.73 42.92
	350m:	4:56.27 43.93	750m:	10:55.05 46.80	1150m:	16:57.60 43.97		
	400m:	5:40.08 43.81	800m:	11:40.48 45.43	1200m:	17:41.18 43.58		
9.	Dulíková Klára		04	MPKDK		<b>22:36.48</b>	311	
	50m:	39.59 39.59	450m:	6:35.53 44.80	850m:	12:36.56 45.61	1250m:	18:47.91 46.43
	100m:	1:22.73 43.14	500m:	7:20.63 45.10	900m:	13:22.36 45.80	1300m:	19:34.80 46.89
	150m:	2:07.13 44.40	550m:	8:05.80 45.17	950m:	14:08.41 46.05	1350m:	20:21.31 46.51
	200m:	2:51.66 44.53	600m:	8:50.70 44.90	1000m:	14:55.06 46.65	1400m:	21:07.53 46.22
	250m:	3:36.66 45.00	650m:	9:35.56 44.86	1050m:	15:41.06 46.00	1450m:	21:53.53 46.00
	300m:	4:21.06 44.40	700m:	10:20.41 44.85	1100m:	16:27.38 46.32	1500m:	22:36.48 42.95
	350m:	5:05.98 44.92	750m:	11:05.78 45.37	1150m:	17:14.66 47.28		
	400m:	5:50.73 44.75	800m:	11:50.95 45.17	1200m:	18:01.48 46.82		



Jarné M-SSO - dlhé trate  
Dolný Kubín, 17.2.2018

disciplína 6, žia ky, 1500m vo ný spôsob, 14 - 15 ro .

por.			Ro .			as	body	
10.	Katreniaková Žuzana		04	MPKDK		<b>22:53.30</b>	300	
	50m:	38.34 38.34	450m:	6:42.30 46.11	850m:	12:52.84 46.43	1250m:	19:04.69 45.85
	100m:	1:21.37 43.03	500m:	7:28.37 46.07	900m:	13:38.94 46.10	1300m:	19:50.30 45.61
	150m:	2:06.26 44.89	550m:	8:14.97 46.60	950m:	14:25.51 46.57	1350m:	20:36.44 46.14
	200m:	2:51.69 45.43	600m:	9:01.69 46.72	1000m:	15:11.69 46.18	1400m:	21:22.79 46.35
	250m:	3:37.94 46.25	650m:	9:48.30 46.61	1050m:	15:57.97 46.28	1450m:	22:08.41 45.62
	300m:	4:24.41 46.47	700m:	10:34.44 46.14	1100m:	16:45.37 47.40	1500m:	22:53.30 44.89
	350m:	5:10.02 45.61	750m:	11:20.26 45.82	1150m:	17:31.87 46.50		
	400m:	5:56.19 46.17	800m:	12:06.41 46.15	1200m:	18:18.84 46.97		

choroba Šefranková Sára 03 Po Ružomberok

16 - 17 ro .

1.	Ftá iková Veronika		02	Nereus Žilina		<b>19:46.06</b>	466	
	50m:	35.20 35.20	450m:	5:46.80 39.85	850m:	11:05.28 40.33	1250m:	16:26.38 40.50
	100m:	1:13.31 38.11	500m:	6:26.70 39.90	900m:	11:45.45 40.17	1300m:	17:06.38 40.00
	150m:	1:51.63 38.32	550m:	7:06.88 40.18	950m:	12:25.23 39.78	1350m:	17:46.56 40.18
	200m:	2:30.09 38.46	600m:	7:44.88 38.00	1000m:	13:05.78 40.55	1400m:	18:26.23 39.67
	250m:	3:08.95 38.86	650m:	8:24.48 39.60	1050m:	13:46.20 40.42	1450m:	19:06.06 39.83
	300m:	3:48.20 39.25	700m:	9:05.13 40.65	1100m:	14:25.91 39.71	1500m:	19:46.06 40.00
	350m:	4:27.63 39.43	750m:	9:45.20 40.07	1150m:	15:06.16 40.25		
	400m:	5:06.95 39.32	800m:	10:24.95 39.75	1200m:	15:45.88 39.72		

2.	Bošková Lívia		02	Nereus Žilina		<b>21:35.50</b>	357	
	50m:	38.15 38.15	450m:	6:26.65 44.04	850m:	12:14.25 43.60	1250m:	18:03.28 43.56
	100m:	1:20.82 42.67	500m:	7:10.18 43.53	900m:	12:57.28 43.03	1300m:	18:47.25 43.97
	150m:	2:03.78 42.96	550m:	7:54.00 43.82	950m:	13:40.97 43.69	1350m:	19:30.61 43.36
	200m:	2:47.53 43.75	600m:	8:37.47 43.47	1000m:	14:24.53 43.56	1400m:	20:13.72 43.11
	250m:	3:31.07 43.54	650m:	9:20.50 43.03	1050m:	13:08.11 40.42	1450m:	20:56.89 43.17
	300m:	4:15.03 43.96	700m:	10:03.57 43.07	1100m:	15:52.61 2:44.50	1500m:	21:35.50 38.61
	350m:	4:58.61 43.58	750m:	10:47.25 43.68	1150m:	16:35.78 43.17		
	400m:	5:42.61 44.00	800m:	11:30.65 43.40	1200m:	17:19.72 43.94		

3.	Kubenová Nina		02	Nereus Žilina		<b>22:02.69</b>	336	
	50m:	38.22 38.22	450m:	6:25.30 43.87	850m:	12:18.82 44.57	1250m:	18:22.08 45.60
	100m:	1:20.10 41.88	500m:	7:09.54 44.24	900m:	13:03.28 44.46	1300m:	19:07.46 45.38
	150m:	2:03.11 43.01	550m:	7:53.85 44.31	950m:	13:48.56 45.28	1350m:	19:52.89 45.43
	200m:	2:46.53 43.42	600m:	8:37.34 43.49	1000m:	14:34.91 46.35	1400m:	20:37.50 44.61
	250m:	3:29.97 43.44	650m:	9:21.34 44.00	1050m:	15:20.66 45.75	1450m:	21:20.58 43.08
	300m:	4:13.57 43.60	700m:	10:06.51 45.17	1100m:	16:06.11 45.45	1500m:	22:02.69 42.11
	350m:	4:57.53 43.96	750m:	10:48.98 42.47	1150m:	16:51.67 45.56		
	400m:	5:41.43 43.90	800m:	11:34.25 45.27	1200m:	17:36.48 44.81		

4.	Mjartanová Katarína		02	MPKDK		<b>22:12.50</b>	328	
	50m:	38.64 38.64	450m:	6:31.28 45.22	850m:	12:30.43 45.00	1250m:	18:30.21 45.60
	100m:	1:21.28 42.64	500m:	7:16.39 45.11	900m:	13:15.39 44.96	1300m:	19:14.81 44.60
	150m:	2:04.64 43.36	550m:	8:00.96 44.57	950m:	13:59.98 44.59	1350m:	20:00.11 45.30
	200m:	2:47.93 43.29	600m:	8:46.04 45.08	1000m:	14:45.18 45.20	1400m:	20:45.00 44.89
	250m:	3:32.25 44.32	650m:	9:30.81 44.77	1050m:	15:30.36 45.18	1450m:	21:29.56 44.56
	300m:	4:16.56 44.31	700m:	10:15.51 44.70	1100m:	16:15.53 45.17	1500m:	22:12.50 42.94
	350m:	5:01.46 44.90	750m:	11:00.28 44.77	1150m:	17:00.14 44.61		
	400m:	5:46.06 44.60	800m:	11:45.43 45.15	1200m:	17:44.61 44.47		

18 ro . a st.

1.	Balogová Nina		00	Nereus Žilina		<b>20:00.16</b>	450	
	50m:	35.34 35.34	450m:	5:52.87 40.28	850m:	11:15.09 40.43	1250m:	16:39.59 41.11
	100m:	1:13.87 38.53	500m:	6:33.16 40.29	900m:	11:55.51 40.42	1300m:	17:20.59 41.00
	150m:	1:52.94 39.07	550m:	7:13.51 40.35	950m:	12:35.94 40.43	1350m:	18:01.02 40.43
	200m:	2:32.38 39.44	600m:	7:53.56 40.05	1000m:	13:15.91 39.97	1400m:	18:40.94 39.92
	250m:	3:12.34 39.96	650m:	8:33.94 40.38	1050m:	13:56.48 40.57	1450m:	19:20.81 39.87
	300m:	3:52.16 39.82	700m:	9:13.94 40.00	1100m:	14:37.19 40.71	1500m:	20:00.16 39.35
	350m:	4:32.19 40.03	750m:	9:54.31 40.37	1150m:	15:17.87 40.68		
	400m:	5:12.59 40.40	800m:	10:34.66 40.35	1200m:	15:58.48 40.61		